



स्वास्थ्य एवं  
परिवार कल्याण मंत्रालय  
MINISTRY OF  
HEALTH AND  
FAMILY WELFARE

सत्यमेव जयते



**KERALA**

# STATE ACTION PLAN ON CLIMATE CHANGE AND HUMAN HEALTH



National Centre for  
Disease Control  
Government of India



National Programme  
on Climate Change  
and Human Health





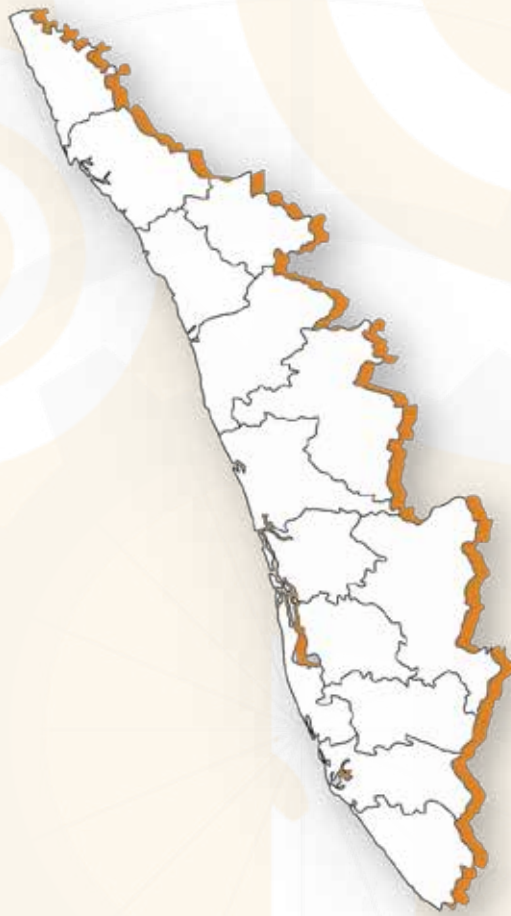
स्वास्थ्य एवं  
परिवार कल्याण मंत्रालय  
MINISTRY OF  
**HEALTH AND  
FAMILY WELFARE**



**KERALA**

# **STATE ACTION PLAN ON CLIMATE CHANGE AND HUMAN HEALTH**

**2022-27**



**National Centre for  
Disease Control  
Government of India**



**National Programme  
on Climate Change  
and Human Health**



# Table of Contents

## **PART I: Climate Change and its Health Impacts**

|  |    |
|--|----|
| 1. Introduction  | 3  |
| 2. Kerala Climate Change-Vulnerabilities, Challenges and Opportunities | 5  |
| 3. Climate Sensitive Diseases Prevalent in Kerala                      | 9  |
| 4. Vision, Goal and Objectives   | 15 |
| 5. Organisational Structure  | 16 |

## **PART II: Health Action Plans on Priority Climate Sensitive Health Issues**

|  |    |
|--|----|
| 6. Health Action Plan on Air Pollution Related Diseases                      | 23 |
| 7. Health Action Plan on Heat Related Illnesses                              | 33 |
| 8. Health Action Plan on Extreme Weather Event-Related Health Issues         | 41 |
| 9. Health Action Plan on Vector-borne Illnesses in Context of Climate Change | 50 |
| 10. Action Plan for Green and Climate Resilient Health Care Facilities       | 58 |

## **PART III: Budget**

|            |    |
|------------|----|
| 11. Budget | 65 |
| Annexures  | 67 |



# **PART I**

## **Climate Change and its Health Impacts**





# CHAPTER 1

## Introduction



Climate change as defined by United Nations Framework Convention on Climate Change (UNFCCC) is: “a change of climate which is attributed directly or indirectly to human activity that alters the composition of the global atmosphere and which is in addition to natural climate variability observed over comparable time periods.” It affects social and environmental determinants of health like –clean air, safe drinking water, sufficient food, and secure shelter.

Climate change may negatively affect human health through a number of ways, but the commonly experienced ones are increased frequency and intensity of heat waves leading to rise in heat related illnesses and deaths, increased precipitation, floods, droughts and desertification costing lives directly. High temperature is known to increase the level of ‘ground level ozone’ and other ‘climate altering pollutants’ other than carbon dioxide, which further exacerbate cardio-respiratory and allergic diseases and certain cancers. Beside these, there is increase in transmission and spread of infectious diseases, changes in the distribution of water-borne, food borne and vector-borne diseases and effects on the risk of disasters and malnutrition.

The UNFCCC came into force on 21st March 1994. Since then many steps were initiated to reduce the effect of climate change at the meetings like “Rio Convention 1992”, “Kyoto protocol 1997”, “Male’ Declaration 1998”, “Convention of Parties”, “Cancun Agreement 2010”, “Durban Platform 2011”, “Nationally Determined Contributions” (NDCs) at Conference of Parties 21.

India is signatory to “Male’ Declaration” wherein health sector has to be strengthened so as to make it climate resilient. According to Male’ Declaration, it is desired that health-care facilities should be prepared & climate-resilient, particularly in promoting to encourage that these are able to withstand any climatic event, and that essential services such as water, sanitation, waste management and electricity are functional during such events. Further, for climate resilient, the health department has to undertake measures to initiate the greening of the health sector by adopting environment-friendly technologies, and using energy-efficient services.

Such initiatives undertaken by Government of India are: a) Identification of Ministry of Environment, Forest & Climate Change (MoEF&CC) as nodal ministry; b) Formulation of National Environmental Policy 2006; c) Formulation of Prime Minister’s Council on Climate Change for matters related to Climate Change.

MoEF&CC has developed National Action Plan on Climate Change with eight missions. Later on, four new missions (including Health Mission) were identified. The *Health Mission* aims to reduce climate sensitive illnesses through integration with other missions under National Action Plan for Climate Change (NAPCC) as

well as through programmes run by various ministries. As a follow-up action, Ministry of Health and Family Welfare (MoHFW) constituted a National Expert Group on Climate Change & Health (NEGCCCH) to prepare National Action Plan on Climate Change and Human Health (NAPCCCH) and recommend strategies for indicators, mitigation, capacity building etc.

National Centre for Disease Control (NCDC) is identified as the 'technical nodal agency' by MoHFW for the proposed National Mission on Health. The Centre for Environmental and Occupational Health and Climate Change & Health (CEOH&CCH), NCDC, is implementing the National Programme of Climate Change and Human Health (NPCCHH), under which Kerala has prepared its State Action Plan on Climate Change and Human Health (SAPCCHH). The SAPCCHH is a long-term vision and planning document prepared by the Department of Health & Family Welfare, Kerala, applicable for up till year 2027. Based on this document, district specific action plans will also be prepared. The SAPCCHH highlights the current and future vulnerabilities to climate change in the state, the disease burden and the initiatives to be undertaken by the state to reduce the disease burden and develop a climate responsive and sustainable healthcare ecosystem in the state.

## Kerala- Geography and Demographics

Kerala is a small state, tucked away in the south west corner of India. The state of Kerala has an area of 38,863 sq km and a population of 3.34 crores as per the census of 2011. It is situated between the Arabian Sea to the west and the Western Ghats to the east. Kerala's coast runs some 580 km in length, while the width varies between 35 and 120 km. The state is divided into three geographical regions- high land, midland and lowland. It is separated from the rest of the peninsula by natural geographic boundaries. There are 14 districts, 152 blocks and 1364 villages. The state has a higher population density compared to the entire country (859 and 312 per sq km respectively).

## Climatic Conditions

The climate of Kerala is predominantly tropical monsoon with seasonally excessive rainfall and hot summer. The Western Ghats play a major role in the climatic conditions that prevail all along the state. The year may be divided into four seasons. The period of March to the end of May is the hot summer months and is uncomfortable due to high temperature and humidity. This is followed by the South West Monsoon season that usually continues till the beginning of October. From October to December is the North East Monsoon season and two months, January and February, form the winter season. The climate is pleasant from September to February. The state is extremely humid due to the existence of Arabian Sea towards its western region. The annual precipitation varies between 100 cm (around Chinnar) to 500 cm (around Neriya Mangalam), with a state average of about 300 cm. Also, you can expect occasional showers any time during the year in the state. Winds over the state are seasonal; diurnal variation is felt owing to the maritime influence. The average maximum temperature floats around 35°C, and the minimum temperature around 28°C. Annual relative humidity of the state varies between 79% – 80% in the morning and 73% – 77% in the evenings.

# Kerala Climate Change- Vulnerabilities, Challenges and Opportunities



Kerala can be classified as a climate vulnerable state because of its geographic location, population density, rapid urbanization, high proportion of population contributing to high carbon emissions, increased vehicular density and problems related to waste management. Due to the fragile environmental conditions, Kerala faced Tsunami in 2004 followed by disastrous flood events in 2018 and 2019 during which a million people were affected. Extreme weather events including floods and unprecedented increase in temperature poses different sets of challenges to the state.

### Challenges Faced by the State

Kerala is witnessing an increasing burden of communicable and non-communicable diseases. Although the State has been successful in controlling a number of communicable diseases earlier, the emergence of chikungunya, leptospirosis, hepatitis and H1N1 in recent years has led to considerable morbidity and mortality. Instances of vector borne diseases like dengue, malaria, Japanese encephalitis, scrub typhus etc. have seen a marked increase in many districts.

Water-borne infections like different kinds of diarrhoeal diseases, typhoid and hepatitis are showing persistence in many districts. Cholera has also surfaced in many districts after a few years of relative low incidence. Incidence of Malaria is strongly affected by climate change. Dengue prevalence is expanding rapidly. Transmitted by Aedes mosquitoes, dengue is a fast growing challenge, particularly in the coastal areas of Kerala in recent years. Female Aedes aegypti mosquito, vector of dengue, Chikungunia and Zika are highly sensitive to climate conditions.

Any disease caused, transmitted or harbored by insects, snails and other cold-blooded animals can be affected by a changing climate e.g., Lyme disease and tick-borne Encephalitis, Salmonella and other food-borne infections. When infectious diseases appear in new locations, where people do not have immunity and health services may not have experience in controlling or treating infections, the effects can be dramatic. Also, a change in patterns of infectious disease with reference to the climatic factors is expected in coming years in the state. Also, people living in the coastal regions, water logged areas, and hilly areas are all particularly vulnerable in different ways. In the state, lack of access to clean water supply and sanitation, along with poor hygiene is already the main contributor to the burden of diarrhoeal disease.

## Kerala-Health and Vulnerability Assessment

---

Health and vulnerability assessment was conducted for the state of Kerala and published in 2017. This report focuses on the health impact of climate change that are relevant for Kerala, assessing the vulnerability of health issues, and providing insights into building the health sector-specific adaptive capacity. The impact of climate change on health are detailed and analysed at various levels, in relation to an increased frequency and/or intensity of extreme weather events, as well as those due to a progressive increase in temperatures. This report has primarily made use of indicative evidence rather than assertive evidence, due to the nature of the available data. It also assesses the various health programmes and their potential to serve as adaptation measures.

The methodology aims at validating an association between climate change and health outcomes by means of analysing:

1. Seasonality and vulnerability pattern of diseases
2. Changing vulnerability to specific diseases across regions
3. Correlation of health data with climate indices

Temporal and spatial analysis of health and weather parameters, over 2004-'14, as well as multivariate analysis controlling for other pertinent factors shows that by and large climate indicators are yet to show a significant association with hospitalisation cases for several climate-sensitive health ailments. However, there is some relationship between health parameters and climate parameters detected, such that individuals from central or southern regions of Kerala have higher chances of hospitalisation due to fever and infections than compared to those from northern region. Cases of fever and infection related hospitalisation is likely to be higher in regions with greater rainfall and greater difference between daily maximum and minimum temperatures, though the effects are not statistically significant.

The seasonality and regional distribution of ailments was also examined, using datasets on diseases across districts over a period of about 15 years. Diseases such as leptospirosis, dengue, malaria, chikungunya, hepatitis A, hepatitis B, and typhoid all demonstrated some correlation with temperature, relative humidity, or rainfall. While the changing seasonality pattern of diseases is very much in place, it can at the most be said to be indicative when associated with weather patterns across regions within the state. Furthermore, it is observed that there is a shift in vulnerability to certain specific diseases like that of vector-borne diseases like dengue, chikungunya and malaria which are globally considered to be climate-sensitive.

Thirdly, this report examines the relationship between climate factors and non-communicable diseases, given the importance of Non-Communicable Diseases (NCD) in the state. This is based on a select set of studies with varying time duration to observe the changing intensity of NCDs beyond its response to age profile, life style factors, etc. Owing to limited exploration of this association with available time series data, this analysis was complemented with a select set of case studies on a few vulnerable individuals which provide anecdotal evidences on the impact of climate change in health and how people adapt.

## Opportunities

---

Climate change has become an agenda for development planning in the state. The Environment and Climate Change Department, Government of Kerala has been identified as the nodal agency for coordinating activities related to climate change in the state. The components of the scheme include the preparation

of position papers on climate change through resource institutions and consultants, preparation of consultancy reports on carbon credits, initiating study reports, preparation of climate change action plan for the state and for organizing a workshop on climate change. In line with the concept of sustainable habitats, works is in progress for adopting the provisions of the Energy Conservation Building Code (ECBC) 2007, suitable for the state. Energy Management Centre (EMC) is pursuing the National Mission on Energy efficiency in the state. Department of Environment and Climate Change is organizing capacity building activities with EMC for adopting the ECBC.

Local Self Government in Kerala is quite aware about the imperative of scientific waste management in the urban civic management. Many of the village habitations are also highly urbanized. Waste minimization and treatment of municipal waste is a priority and Kerala Suchitwa Mission is providing technical back up to the local self-government for attaining scientific waste management capability.

Kerala Institute of Local Administration (KILA) gives the sensitizing programme on climate change challenges to the Panchayat Raj Institution Members (PRIs) with the support of UNDP.

Kerala has initiated plan programmes on Eco-restoration of wetlands and river action plan for identifying vulnerabilities and designing interventions for conservation of its water resources.

## Programmes and Policies Related to Climate Change and Health

There are multiple existing policies and programmes in the state which are linked to climate change and human health. They are:

- 1. Integrated Disease Surveillance Programme (IDSP)** the integrated disease surveillance Programme is implemented in Kerala. Syndromic disease surveillance data collected from the field level (in S form) and health institution level data based on the presumptive diagnosis (P form) and Laboratory confirmed case (L form based) data are collected and analysed at the district level and forwarded to the state level and from there to the national level. Based on the disease surveillance data appropriate actions for the control of communicable diseases are taken at each level.
- 2. State- Prevention of Epidemics and Infectious Diseases Cell (State PEID CELL)** cell was established by Government of Kerala in 1982 in Medical College Hospital Thiruvananthapuram with a view to strengthen the surveillance system in the state.
- 3 Action Plan form Clean Kerala Mission is being launched for environmental cleanliness, maintenance of public hygiene and prevention of diseases. It is significant that this Mission is being put into action after the State has made efforts to create awareness and to mobilize public opinion on the issue.
4. Vector borne diseases Malaria, Filariasis, Dengue, Kala-Azar, Japanese encephalitis, Chikungunya etc have brought into the umbrella of National Vector Borne Disease Control Programme (NVBDCP). A system of disease surveillance at the field level and health institution level, laboratory surveillance, case management and control measures of these diseases are being implemented as per the national programme guideline of these diseases in the state.
- 5. Vector Surveillance:** Surveillance of the mosquitoes is done at the field level by the field staff. From the district level District Vector Control Units headed by the biologist/senior biologist do the vector surveys at areas with high vector density and execute appropriate vector control measures on coordination with the staff of the peripheral institutions.

6. **Water quality monitoring:** Occasional water quality monitoring especially at diarrhoea and other waterborne disease prone areas in the pre-monsoons season is also done by the health department and appropriate actions are being taken periodically.
7. **Ward level Health & Sanitation Committees and prevention of communicable diseases:** Formation of the ward level health and Sanitation committees under the leadership of the elected, ward member, with the filed Health staff as the convener, is one of the new initiatives under this scheme. In Kerala, ward level committees have been formed in all the rural and urban wards, with the related departmental representatives of the social welfare (Anganwadi worker), Kudumbasree health volunteers, Mahila Swasthya Sangam (MSS) volunteers, ASHA worker, school teachers and other NGOs' are involved in the public health work in the area.
8. **Aardram Mission:** Mission AARDRAM aims at creating "People Friendly" Health Delivery System in the state. The approach will be need based and aims at treating every patient with 'dignity'. Through the state-of-the-art investigation and intervention protocols it envisages transforming all Primary Health Centres into Family Health Centres as a first level Health delivery point. The mission envisages ensuring quality care at Primary Health Centres. All high footfall hospitals will be transformed to patient friendly Out Patient service providers. The services include web-based appointment system, virtual queues, patient reception at registration centres, waiting rooms with Wi-Fi facilities and so on.
9. **Haritha Keralam Mission:** Haritha Keralam is an Umbrella Mission integrating the components of Waste Management, Organic Farming, Water Resources Management. It has an ambitious outlook to address the issues of piling waste, impending drought and health hazards due to the consumption of pesticide treated vegetables and in general, the agricultural dependency of the State. The Haritha Keralam Mission aims to integrate the 3 most important and inter-related sectors through an orchestrated and cascading implementation of three sub-missions.
  - Household level segregation and safe disposal of organic waste through feasible options like composting, biogas, arrangements for institutional waste disposal, re-use, recycling and safe disposal of non-degradable and electronic waste are given priorities. Local administrative bodies has initiatives for the effective collection, segregation, cleaning, storage and recycle of the non-degradable plastic waste.
  - Rejuvenation of tanks, ponds, streams and rivers are the focus in the water resource sector.
  - The thrust in promoting organic agriculture will be to produce safe to eat vegetables and fruits to make the state self-sufficient within the next 5 years.
  - There are several important institutions in the state under the aegis of Kerala State Council for Science and Technology, working on the various aspects of climate change. Centre for Earth Science Studies, Centre for Water Resource Development and Management, Kerala Forest Research Institute, National Transportation Planning and Research Centre are some of the institute especially equipped for the relevant work.
10. **The Kerala State Action Plan on Climate Change 2023- 2030** put forth by the Directorate of Environment and Climate Change which is prepared based on region specific assessments regarding the systemic vulnerabilities of various sectors to the climate change scene taking district as the basic unit is a much useful guiding document for mitigating and adapting to the climate sensitive illnesses.



## CHAPTER 3

# Climate Sensitive Diseases Prevalent in Kerala



Climate change attributes new challenges for the public health around the world. Climate change is linked with rising instances of diseases in the state, through higher temperatures, water scarcity and flooding.

**Following are the major climate sensitive diseases prevalent in Kerala:**

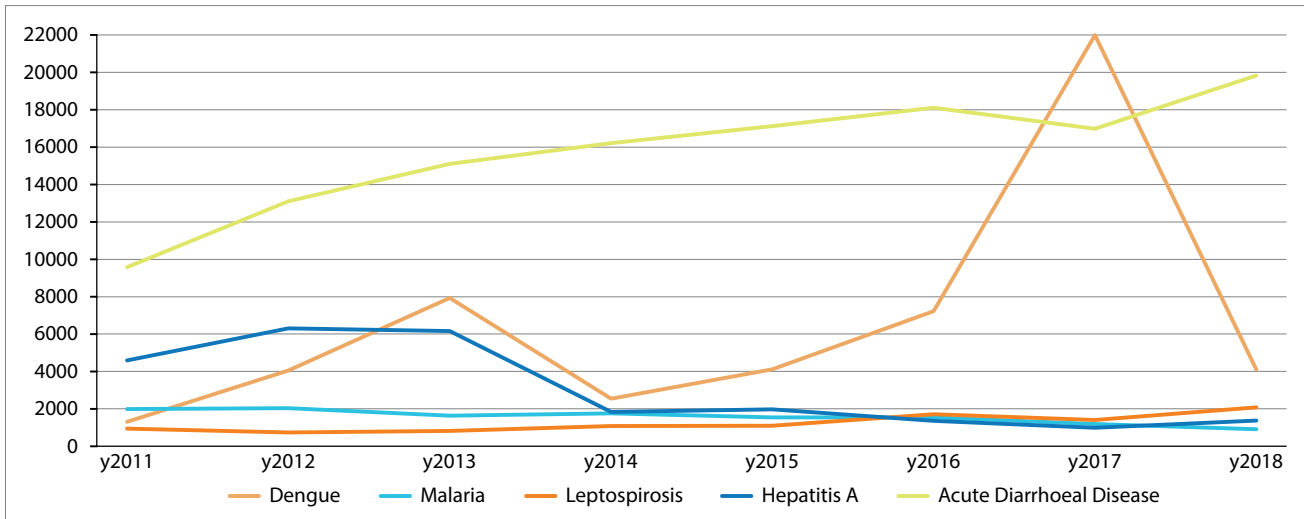
- ▶ Vector Borne Diseases
- ▶ Water Borne Diseases
- ▶ Food Borne Diseases
- ▶ Acute Respiratory Illnesses attributed to Air Pollution
- ▶ Heat related illnesses
- ▶ Nutrition related diseases
- ▶ Allergic Diseases
- ▶ Cardio-pulmonary Diseases,
- ▶ Mental Health support,
- ▶ Zoonotic Diseases
- ▶ Extreme weather events (Floods, cyclones, drought) affecting health

The graph below indicates the trend of the impact of these diseases on the state's population between 2011-2018.

## Dengue

Dengue fever, which surfaced in Kerala as early as 1998, has now become the single largest vector borne disease. Till 2015, the disease was more prevalent in districts like Thiruvananthapuram, Kollam, Kottayam, Pathanamthitta, Kozhikode and Malappuram. But in 2017, all the districts reported dengue cases in large numbers. Districts located at higher altitudes were having low prevalence, but all others showed high incidence. The main reason for this wide spread distribution is believed to be due to the changes in the environmental factors causing proliferation of the dengue vector-Aedes mosquitoes. These mosquitoes, which in the earlier days seen more in rural settings have now spread to urban areas also.

**Figure 1: Trend of selected climate sensitive diseases notified through Integrated Disease Surveillance Project in Kerala (2011-2018)**



## Leptospirosis

Leptospirosis is another emerging public health challenge in the state. Considered as a rare disease in the early 1980's, it has now spread all across Kerala. In 2012-13 a major epidemic of the disease occurred, affecting most of the northern districts, following which the disease has become endemic in Kerala. The disease is initially a rodent borne infection, spread through urine of the infected rodents. The consequent contamination of the environment is the factor responsible for the disease. Over the years, the disease has been reported in many domestic animals like cows, dogs, pigs etc. and thus has become an occupational risk for those engaged in agriculture works. People, who have been involved in cleaning of stagnant canals and drains, were reported to have contracted the disease.

## Chikungunya

Chikungunya is an emerging sickness among the vector borne infections. This disease is believed to have originated in the remote islands in Arabian Sea in 2005-06 and spread rapidly within the next two years in the state, affecting more than 80 per cent of the population. Fortunately, the disease is fading out, and has resulted in lifelong immunity for the affected population, a blessing in disguise. The past two years have seen only sporadic cases in Kerala, annual total being less than 200 cases and no deaths. Here again the vector responsible for disease transmission is the Aedes mosquitoes. Since both dengue and chikungunya are transmitted by same mosquito, and also since the same mosquitoes are responsible for transmission of Zika virus disease and Yellow fever, the state is being vigilant regarding these concerns.

## Malaria

Though Kerala had controlled the disease in early 1970s, malaria has now remerged as a public health challenge. The problem has recently aggravated due to the presence of large-scale population movement from malaria endemic states. Proportion of falciparum malaria, the more severe form of the disease is slowly on the rise in Kerala. Though elimination of indigenous form of Malaria has been included in the SDG targets



by the state, the issues in its fulfilment are many. Annual cases of malaria in Kerala are less than 2,000 and the number of deaths reported is also very low, but the major issue is the increase in foci of indigenous malaria. Thiruvananthapuram, Kollam, Kozhikode, Malappuram, and Kannur districts have pockets of indigenous malaria over the past few years. Kasaragod district is persistently having high number of malaria cases, because of its proximity to the highly endemic districts of Karnataka. Movement of fishermen along the western coast of the state is a potential threat for spread of malaria along the coastal districts.

## Japanese Encephalitis (JE)

JE is a mosquito borne infection which is a form of encephalitis, an inflammatory disease of brain and its coverings. Due to the presence of large paddy fields, Kerala is also at risk of this disease, as the virus responsible for the disease is spread by Culex mosquitoes, which are bred abundantly in water logged areas like paddy fields. The peculiar nature of the Culex mosquito to breed in contaminated water also, increases the potential threat in other areas as well. Role of migratory birds in transmission of JE is an extra risk for Kerala, because of the presence of multiple sanctuaries for migratory birds.

## Water-Borne Diseases

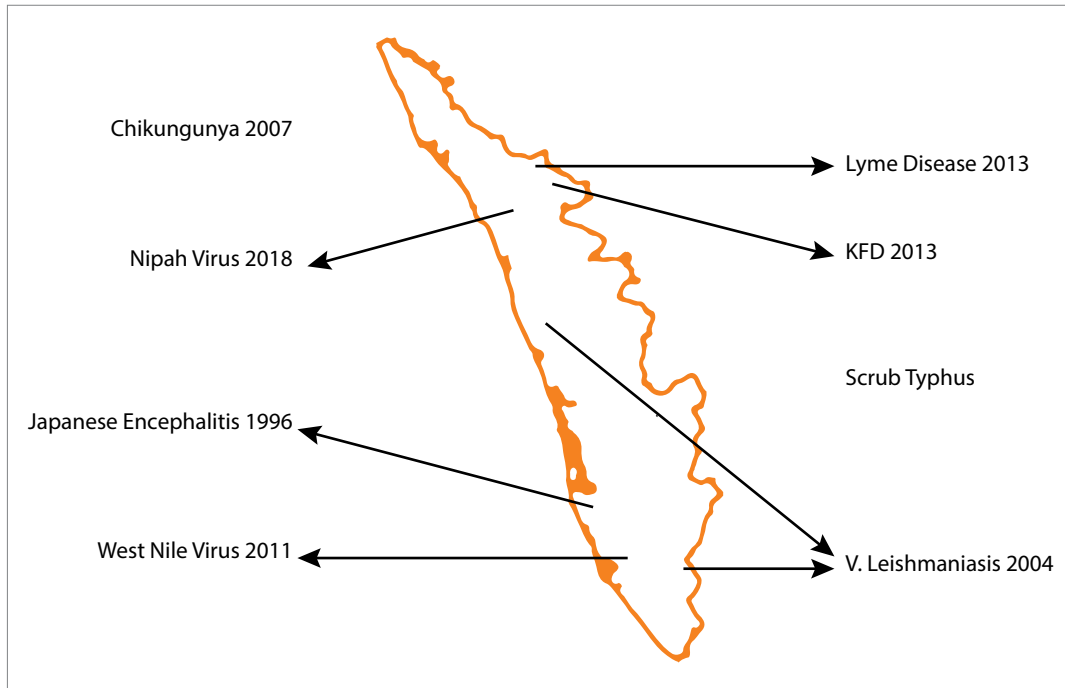
There was a decrease in Acute Diarrhoeal Diseases (ADD) in 2018 compared to previous years. There was a considerable decrease in typhoid in 2018, but death due to suspected Hepatitis increased. The main reason for the cause of water-borne diseases is attributed to the unavailability of safe drinking water in many parts of the state especially in tribal and coastal areas. Unhygienic drinking water sources like wells, pump houses, water supplied through tanker lorry, leaks in public water supply pipes and the consequent mixing of unclean water with drinking water, dumping of wastes including sewage in water sources, use of commercial ice in preparation of cool drinks, habit of unsafe water in preparation of welcome drinks etc. are some reasons for spread of water borne diseases.

**Table 1: Hepatitis A outbreaks reported from Kerala 2012-2016: 84 outbreaks in 5 years**

| Year | Total Number of outbreaks reported | Number of outbreaks with affected cases more than 20 | Number of outbreaks with affected cases more than 50 | Number of outbreaks with affected cases more than 100 |
|------|------------------------------------|--|--|---|
| 2012 | 14                                 | 7  | 1  | 0   |
| 2013 | 19                                 | 12   | 3  | 0   |
| 2014 | 18                                 | 9  | 4  | 1   |
| 2015 | 20                                 | 11   | 3  | 0   |
| 2016 | 13                                 | 10   | 2  | 1   |

Kerala has witnessed emergence of many zoonotic and infectious diseases like Nipah Virus (2018 Kozhikode & 2019 Ernakulam), West Nile Virus (first reported in 2011 at Alapuzha), Kyasanur Forest Diseases (Wayanad, Malappuram), Lyme Disease (Malappuram), Visceral Leishmaniasis (Kollam, Thrissur).

**Figure 2: Emerging Infectious Diseases, Kerala**



## Heat Related Illnesses

Sun burns, Heat rashes and sun stroke were reported increasingly since 2016 in Kerala. In the year 2020 and 2021 heat related incidents declined in the state as COVID19 restrictions confined people at their homes.

**Table 2: Heat related illnesses in 2022**

| District           | Heat rash | Sun Burn  | Sun Stroke |
|--------------------|-----------|-----------|------------|
| Thiruvananthapuram | 4         | 11        | 2          |
| Kollam             | 0         | 0         | 0          |
| Pathanamthitta     | 3         | 5         | 0          |
| Idukki             | 0         | 1         | 0          |
| Kottayam           | 3         | 0         | 0          |
| Alappuzha          | 0         | 5         | 0          |
| Ernakulam          | 0         | 0         | 0          |
| Thrissur           | 0         | 0         | 0          |
| Palakkad           | 0         | 5         | 0          |
| Malappuram         | 0         | 3         | 0          |
| Kozhikkode         | 0         | 1         | 0          |
| Wayanad            | 0         | 0         | 0          |
| Kannur             | 1         | 1         | 0          |
| Kasargod           | 0         | 0         | 0          |
| Total              | 11        | 32        | 2          |
| <b>Total</b>       |           | <b>45</b> |            |

## Chronic Respiratory Diseases

As per the latest Global Burden of Disease (GBD) estimation, the major chronic respiratory diseases in the state are Chronic Obstructive Pulmonary Diseases (COPD) and Bronchial Asthma. The GBD has estimated a prevalence of 4250- 4749/100,000 population for COPD and >3750/100,000 population for Asthma in the state. The epidemiology of COPD in India studied by Dr. SK Jindal and team in the INSEARCH study estimated the burden of COPD (as measured by chronic bronchitis) as 3.5% in persons above the age of 35 years. However, the site in Kerala in INSEARCH, Trivandrum, had a high prevalence of COPD at 10%, which is much higher than the national average. Another study done in Kollam showed that the prevalence of self-reported asthma was 2.82% (95% CI 2.52-3.12) and that of chronic bronchitis was 6.19% (95% CI 5.76-6.62) while other CRDs which did not fit to either constitute 1.89%.

COPD places a huge burden on the health services in terms of OP and IP work load. Almost 10% - 20% of the patients coming to the general OPD of Health Service Department of Kerala come with COPD and asthma; and repeated hospital visits by the same patients take up a considerable amount of the time available for work for the medical care professionals.

## Air Pollution

Under the National Ambient Air Quality Monitoring Programme (NAMP), financed by the Central Pollution Control Board, sixteen monitoring stations have been established at different locations in the state. Air quality within industrial, commercial, residential and sensitive zones is being monitored from these stations. At present 9 continuous ambient air quality monitoring stations are functional in the state.

As per the latest report (2021) presented by the Kerala State Pollution Control Board (KSPCB), on verifying the data obtained from the 9 continuous Ambient Air quality monitoring stations in the state during January to December 2021, it can be concluded that the air quality averages within the state is in "satisfactory" level. The report also showed that the AQI levels within the state are also showing a slight increase from the middle of December which might be due to the seasonal changes as the rainy season has a significant effect on the reduction of AQI. Plammoodu in Thiruvananthapuram district and Vytilla in Ernakulam district were the two stations which showed a few unhealthy levels on a couple of days.

## Health Effects of Kerala Floods

According to the Central Water Commission Study report on Kerala floods of August 2018, the rainfall in Kerala during June, July and 1st to 19th of August 2018 was 15%, 18% and 164% respectively which was above normal (CWC, 2018). Severe spell of rainfall started from the 14th of August and continued till the 19th of August. Coming on top of an already above normal rainfall which had filled all the reserve space to store water, this led to unprecedented floods in 13 out of 14 districts of the state. National Disaster Management Authority had declared it a Level 3 Calamity, or "calamity of a severe nature". There were major landslides which left many hilly habitats isolated. It is estimated that 10319 houses were fully and over 100,000 partially damaged. Over 3,274 relief camps were opened to accommodate the flood victims. An estimated 1,247,496 people found shelter in these camps. Over 483 people died, and 15 are missing. There was an outbreak of leptospirosis following the flood. Psychological distress and PTSD were observed among many. Ensuring non interruption of treatment of chronic diseases was another challenge.

Ministry of Earth Sciences; India Meteorological Department studied the daily rainfall data of Kerala for 30 years from 1989 to 2018 and observed that Kerala receives highest rainfall in July. In August, all the districts show an increasing trend except Thrissur and Alapuzha.

Kerala situated along the Western Ghats, has many towns and cities along the foothills with several small intra-State rivers which swell up very quickly. Further the state has a large network of small storage capacity reservoirs which makes the state vulnerable for floods.



## CHAPTER 4

# Vision, Goal and Objectives

**Vision:** Strengthening of healthcare services for all the citizens of the state especially vulnerable like children, women, elderly, tribal and marginalized population against climate sensitive illnesses.

**Goal:** To reduce morbidity, mortality, injuries and health vulnerability due to climate variability and extreme weathers.

**Objective:** To strengthen health care services against adverse impact of climate change on health.

### Specific Objectives

---

**Objective 1:** To create awareness among general population (vulnerable community), health-care providers and Policy makers regarding impacts of climate change on human health.

**Objective 2:** To strengthen the capacity of healthcare system to reduce illnesses/diseases due to variability in climate.

**Objective 3:** To strengthen health preparedness and response by performing situational analysis at state, district and Local Self Government level.

**Objective 4:** To develop partnerships and create synchrony/synergy with other missions and ensure that health is adequately represented in the climate change agenda in the state.

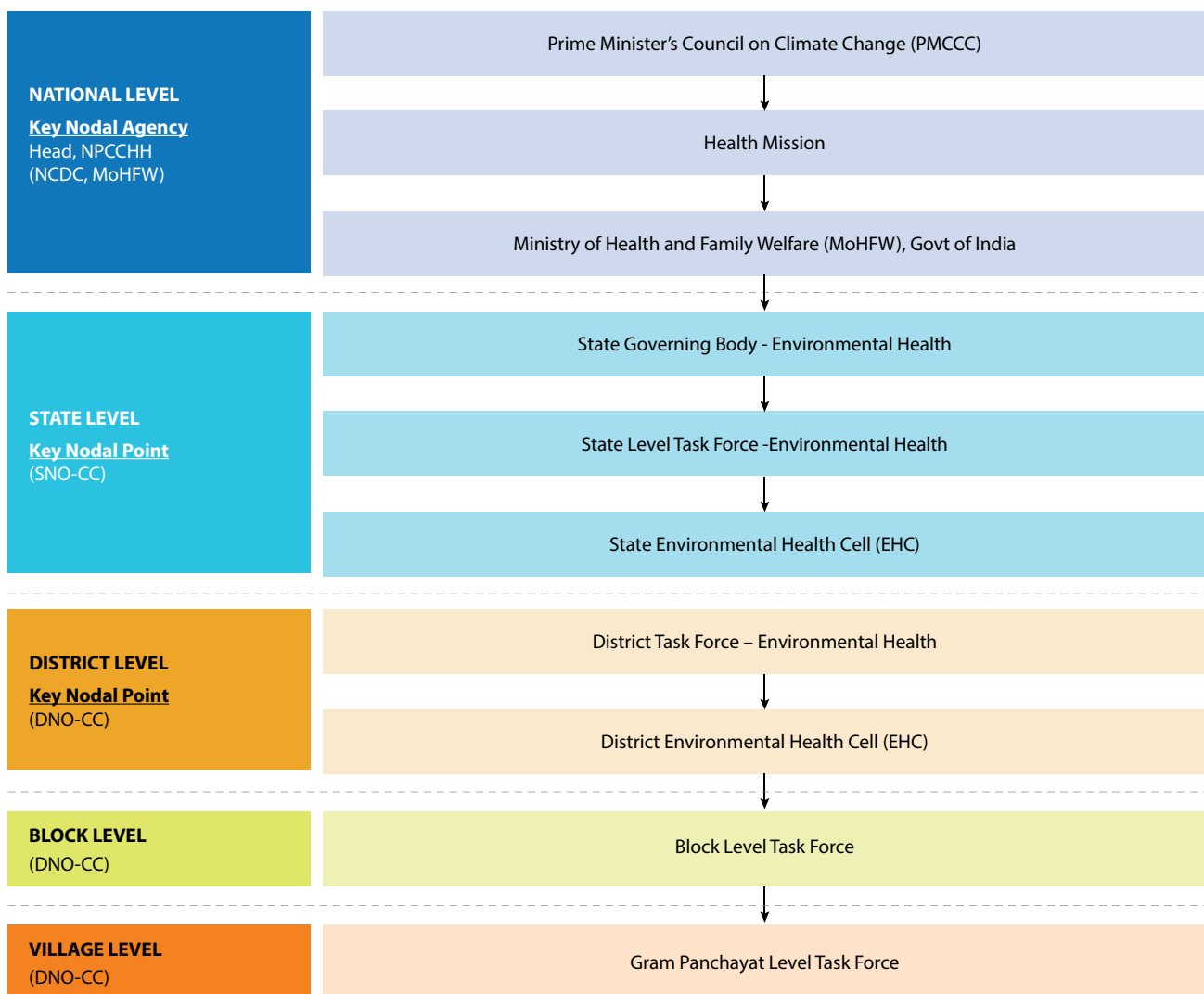
**Objective 5:** To strengthen state research capacity to fill the evidence gap on climate change impact on human health.



# CHAPTER 5

# Organisational Structure

## ORGANISATIONAL STRUCTURE



## a. State Level - Governing Body - Environmental Health

The state level governing body for policy level decision shall be working under Chairpersonship of Honorable State Health Minister. The other members may be as follows:

**Table 3: Members of State Level - Governing Body - Environmental Health**

|                             |                  |
|-----------------------------|------------------|
| Hon'ble Minister (Health)   | Chairperson      |
| Principal Secretary Health  | Vice Chairperson |
| Director of Health Services | Member Secretary |
| Mission Director, NHM       | Member           |
| Director, Medical Education | Member           |
| Regional Director, H & FW   | Member           |

## b. State Level Task Force - Environmental Health

This task force shall be working under the guidance of Principal Secretary (Health) of the state. It shall be directly overseeing the implementation of the State Action Plan for Climate Change and Human Health (SAPCCH) in their state/UT. It shall be working through Directorate of Health Services (DHS) of the state, which will be the implementing agency for SAPCCH.

**Table 4: Members of State Level Task Force - Environmental Health**

|  |                  |
|--|------------------|
| Principal Secretary Health                       | Chairperson      |
| State Mission Director, NHM                      | Vice Chairperson |
| Director of Health Services                      | Member Secretary |
| State Nodal Officer, NPCCHH                      | Nodal Officer    |
| Director, ICMR institute/centre                  | Member           |
| Director, Meteorological department of State     | Member           |
| Chairperson, Pollution Control Board             | Member           |
| Chairperson, State Disaster Management Authority | Member           |
| State Surveillance Officers                      | Member           |
| Environmental Engineer/Scientist from MOE&CC     | Member           |
| Secretary, Agricultural Department               | Member           |
| Secretary, State Groundwater Board               | Member           |

### Roles and Responsibilities of the State Environmental Health Cell

- ▶ Preparation and Implementation of State Action Plan for Climate Change and Human Health
- ▶ Conduct Vulnerability assessment and risk mapping for commonly occurring climate sensitive illnesses in the state/UT.

- ▶ Assessment of needs for health care professionals (like training, capacity building) and organise training, workshop and meetings.
- ▶ Maintain State and District level data on physical, financial, epidemiological profile for climate sensitive illnesses.
- ▶ Ensure Convergence with NHM activities and other related programs in the State/District.
- ▶ Monitor programme, Review meetings and Field observations.
- ▶ Timely issue of warning/alerts to health professionals and related stakeholders as well as general public through campaign or using mass media (Electronic or printed).
- ▶ Social mobilization against preventive measures through involvement of women's self-help groups, community leaders, NGOs etc.
- ▶ Advocacy and public awareness through media (Street Plays, folk methods, wall paintings, hoardings etc.)
- ▶ Conduction of operational research and evaluation studies for the Climate change and its impact on human health.

### District Level

District level nodal officers were identified and given complete charge for coordination and implementation of NPCCHH programme at district level. Deputy District medical officers who are in charge of NPCDCS programme is given the full charge as DNOs. (Details Annexed).

District Environmental Health Cells were constituted in all the districts under the Chairpersonship of District Medical Officer. All the district programme officers and consultants of concerned and allied programmes are the members this cell and their roles and responsibilities are as below.

### Roles and Responsibilities of the District Environmental Health Cell

- ▶ Preparation and Implementation of District Action Plan for Climate Change and Human Health
- ▶ Conduct quarterly District review meetings and monitoring of the programme
- ▶ Conduct Vulnerability assessment and risk mapping for commonly occurring climate sensitive illnesses in the district
- ▶ Maintain and update district database of illnesses identified in the district
- ▶ Assess needs for health care professionals and conduct sub-district/CHC level training/workshop and meetings for capacity building
- ▶ Ensure appointment of contractual staff and engage them in the assigned task of data management under the NAPCCHH
- ▶ Maintain District level data on physical, financial, epidemiological profile for these illnesses

### Responsibilities at block/grama panchayat level

At these levels, Head of the LSG will be the Chair and Health Standing Committee Chair will be the Vice Chair. All members of LSG, Secretary of LSG, ADS, CDS Chairs, and Officials of other departments in the LSG, Medical Officer of PHC (Member Secretary) and Health Inspector will be members. The responsibility for implementation will lie with the Medical Officer (In-charge) of the facility. The existing machinery of NHM



will be utilised for the related activities. The Hospital management committee (HMC)/Rogi Kalyan Samiti (RKS) would be reviewing and monitoring implementation at the health facility level. The ANM, ASHA and Anganwadi worker will assist in activities related to implementation of action plan at local level. The responsibility for implementation will lie with the Medical Officer (In-charge) of the facility. The existing machinery of NHM will be utilised for the related activities. The Hospital Management Committee, (HMC), Rogi Kalyan Samiti (RKS) would be reviewing and monitoring implementation at the health facility level. The ANM, ASHA and Anganwadi worker will assist in activities related to implementation of action plan at local level.

The Support of Centre of Excellences identified by NCDC, MoHFW and Kerala State Institute of Health & Family Welfare will be utilized by the state for building technical capacity and support of the programme.



# **PART II**

## **Health Action Plans on Priority Climate Sensitive Health Issues**



## CHAPTER 6

# Health Action Plan on Air Pollution Related Diseases



Air pollution is a major environmental risk to health. The formation, transport and dispersion of many air pollutants is determined partly by climate and weather factors such as temperature, humidity, wind, storms, droughts, precipitation and partly by human activities known to produce various air pollutants. Climate change shall thus influence the dynamics of air pollution. Reduction of air pollution can reduce the burden of disease from stroke, heart disease, lung cancer, and both chronic and acute respiratory diseases, including asthma.

### Two Major Types of Air Pollution

1. Ambient (Outdoor) Air Pollution
2. Household (Indoor) Air Pollution

The World Health Organization (WHO) defines **ambient air pollution** as potentially harmful pollutants emitted by industries, households, cars, and trucks. Of all of these pollutants, fine particulate matter has the greatest effect on human health. Most fine particulate matter comes from fuel combustion from vehicles, power plants, industry, households, or biomass burning. Ambient (outdoor air pollution) in both cities and rural areas was estimated to cause 3.7 million premature deaths worldwide in 2012. Air pollution also affects health by causing acid rain; eutrophication due to nitrogen oxides, emission in air from power plants, cars, trucks, and other sources; haze; toxic effects on wildlife; ozone depletion; crop and forest damage etc.

Vehicular emission and noise from these vehicles are severe in the three major cities of Kerala namely, Thiruvananthapuram, Kochi and Kozhikode. Urbanisation is occurring, in Kerala, at a slower pace than in other states. However Thiruvananthapuram, Kochi and Kozhikode have been experiencing growth in urban spread. Unplanned growth has resulted in degradation of air quality due to crowding and traffic congestion. Air quality deterioration in urban areas is due to increased use of fossil fuels and personal transport.

**Indoor air pollution** refers to chemical, biological and physical contamination of **indoor air**. According to WHO, almost three billion people worldwide continue to depend on polluting fuels, including biomass fuels (wood, dung, and agricultural residues), kerosene and coal, for their energy needs. Cooking and heating with polluting fuels on open fires or traditional stoves results in high levels of household air pollution. Over 4 million people die prematurely from illness attributable to the household air pollution from cooking with solid fuels. 3.8 million premature deaths annually from non-communicable diseases including stroke, ischemic heart disease, chronic obstructive pulmonary disease (COPD) and lung cancer are attributed to exposure to household air pollution. Indoor smoke contains a range of health-damaging pollutants, such

as small particles and carbon monoxide, and particulate pollution levels may be 20 times higher than accepted guideline values.

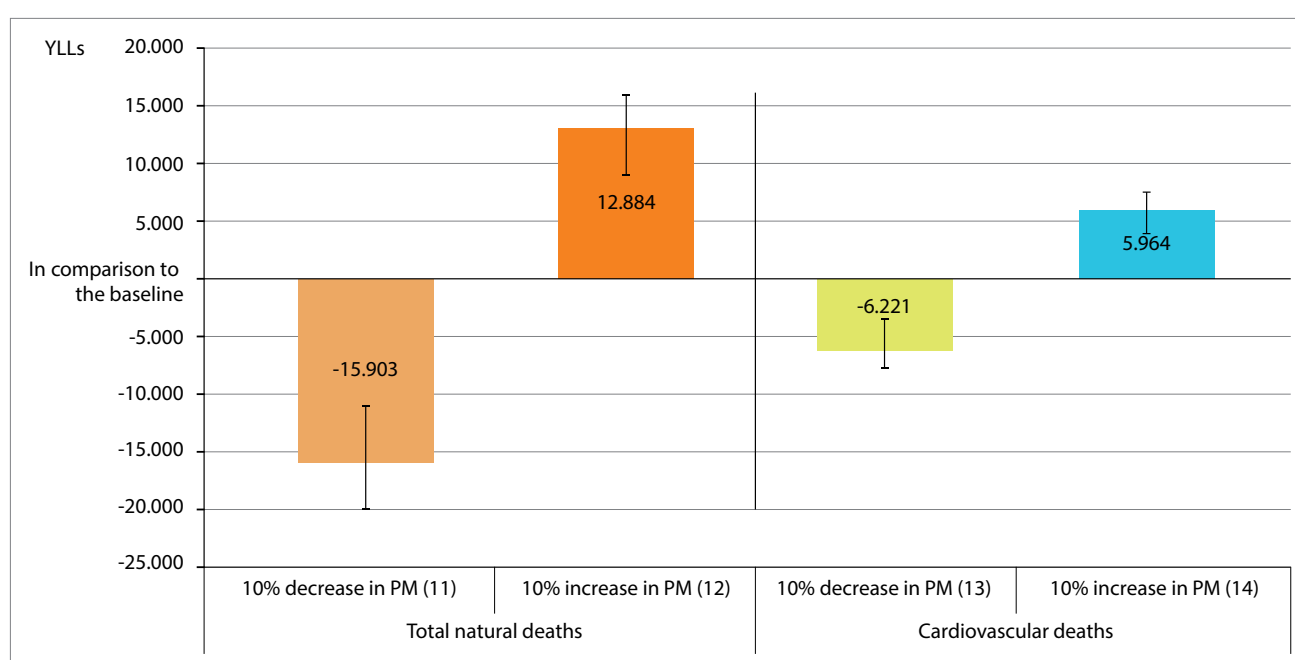
A study conducted in Kerala estimated that air pollution accounted for 7.4% natural deaths and 96539 years of life lost (YLLs) due to premature mortality. This study projects that a 10% reduction of particulate matter concentration will save 15,904 life years.

A study of quality of air in all districts of Kerala for a period of nine years during the period 2008-2016 by College of Agriculture, Vellayani under Kerala Agriculture University shows Thiruvananthapuram as the most polluted city in Kerala and Idukki to be the least polluted one.

**Table 5: District API (Air Pollution Index) including SPM (Suspended Particulate Matter) (2008-2016)**

| Sl. No. | District           | API   |
|---------|--------------------|-------|
| 1       | Thiruvananthapuram | 87.84 |
| 2       | Alappuzha          | 81.64 |
| 3       | Palakkad           | 78.34 |
| 4       | Kasaragod          | 76.09 |
| 5       | Thrissur           | 72.89 |
| 6       | Kollam             | 72.26 |
| 7       | Wayanad            | 67.03 |
| 8       | Ernakulum          | 66.87 |
| 9       | Kottayam           | 63.04 |
| 10      | Kozhikode          | 61.51 |
| 11      | Kannur             | 54.08 |
| 12      | Pathanamthitta     | 47.99 |
| 13      | Malappuram         | 44.24 |
| 14      | Idukki             | 37.02 |

**Figure 3: Impact of air pollution on disease burden in urban Kerala**



**Source:** Burden of Outdoor Air Pollution in Kerala, India—A First Health Risk Assessment at State level

## Prominent causes of ambient air pollution in the state

- ▶ Automobiles & Industrial Emission
- ▶ Urbanization
- ▶ Improper collection and disposal of garbage (Burning)
- ▶ Tobacco smoke

## Prominent causes of household air pollution in the state

- ▶ Use of biomass, kerosene as fuel for cooking
- ▶ Burning of waste, coal
- ▶ Tobacco smoke
- ▶ Chemicals used in houses like floor cleaners, pollen, dust mites and pet hairs

**Air Quality Index:** Air Quality Index is a tool for effective communication of air quality status to people in terms, which is easy to understand. It transforms complex air quality data of various pollutants into a single number (index value), nomenclature and colour.

**Table 6: Air Quality Index Category**

|                 |          |
|-----------------|----------|
| Good            | 0-50     |
| Satisfactory    | 51-100   |
| Moderately Poor | 101-200  |
| Poor            | 201-300  |
| Very Poor       | 301- 400 |
| Severe          | 401-500  |

## Number of AQI monitoring stations within state

- ▶ By Central Pollution Control Board (CPCB) – 11
- ▶ By State Pollution Control Board (SPCB) – 6
- ▶ No cities in the state have recorded AQI index more than 200 in previous years.

**Table 7: Air Quality Index of few major towns/cities of Kerala as of December 20, 2021 & June 20, 2022**

| Town/city           | December 20, 2021 (Winter season) |                 | June 20, 2022 (Rainy season) |              |
|---------------------|-----------------------------------|-----------------|------------------------------|--------------|
|                     | Index value                       | Air Quality     | Index value                  | Air Quality  |
| Vytilla, Ernakulam  | 118                               | Moderately poor | 44                           | Satisfactory |
| Kannur              | 114                               | Moderately poor | 54                           | Satisfactory |
| Kollam              | 137                               | Moderately poor | 71                           | Satisfactory |
| Plamood, Trivandrum | 151                               | Moderately poor | 30                           | Good         |
| Thrissur            | 85                                | Satisfactory    | 41                           | Good         |

## Vulnerability Assessment for Air Pollution

Apart from geographical and local vulnerability for polluted air, air pollution is a leading cause for many health-related issues and diseases in certain sessions of population like elderly, pregnant ladies, children under 5 years, those with chronic diseases etc. Being a state with high life expectancy, elderly population is comparatively more along with high proportion of comorbidities, especially non-communicable diseases.

**Table 8: Vulnerable population estimates in the state for health impact of Air pollution based on census&NFHS5 data**

| Sl. No. | Category of Vulnerable Population         | Total count for the district   |
|---------|---|--|
| 1       | Elderly people age more than 60 years     | 3783953  |
| 2       | Children's below 5 years of age           | 3628930  |
| 3       | Pregnant women                            | 504654   |
| 4       | Women's not having clean fuel for cooking | According to NFHS 5 data 27.9% households in Kerala are not having clean fuel for cooking. |

## Health Sector Adaptation plan for adapting to Air Pollution related illnesses

- ▶ Awareness
- ▶ Training and capacity building
- ▶ Vulnerability Assessment
- ▶ Strengthen the facilities
- ▶ Establishing surveillance System
- ▶ Monitoring and evaluation

## Awareness generation on the health impacts of air pollution

Public awareness needs to be enhanced through display of air quality indices and spatial air quality maps using print and electronic media. Public participation begins with informed citizens with raised awareness levels who can motivate the government for vigorous implementation or adoption of mitigation strategies. Public awareness is also a key aspect of participative vigilance over emitting sources. Along with the regulatory sticks, enhanced awareness levels will build additional pressure on the sources to limit their emissions. The main objectives will be to educate and empower young minds on aspects related to air pollutants, sources, emission factors, indoor air quality, reduction and control measures, etc. in relation to the existing social structure, cultural norms, economic realities and global trends of the present times, thus creating a multiplier effect within the peers and families.

1. Carry out mass media campaigns, engage local and social media (community radio, TV etc.)
2. Promote a culture of risk prevention, mitigation, and better risk management
3. Promote attitude and behaviour change in the awareness campaigns linking air pollution and climate change.

## Activities undertaken and further proposed on air pollution adaptation measures

1. Formulation and implementation of state level training and capacity building programmes. Along with integration of adaptation plans on air pollution in health programmes AARDRAM, Haritha Kerala Mission, NCD Control Programmes etc.
2. Ensure the availability of qualified and experienced trainers
3. Medical professional training:
  - a. Expanded training of doctors and associate staff
  - b. Increased training of Field level workers and ASHA workers



4. Automated Air Quality Warning devices in healthcare institutions and alert system for dissemination of risk warning through LSGD and allied groups.
5. Leaflets and pamphlets describing prevention guidelines.
6. Tele-assistance communication services in poor AQI zones
7. Access to cleaner air at healthcare facilities at poor by ensuring compliance to Airborne Infection Control Practices, adequate ventilation at healthcare facilities and masks for patients at respiratory clinics in poor AQI zones.

## Detailed IEC and Dissemination Plan

**Table 9: IEC dissemination plan on air pollution and health**

| Key Messaging   | IEC material       | Medium of Dissemination   | Frequency  | Timeline                                | Budget (year wise) in Lakhs |         |         |         |
|-----------------|--------------------|---|--|---|-----------------------------|---------|---------|---------|
|                 |                    |   |  |   | 2023-24                     | 2024-25 | 2025-26 | 2026-27 |
| HCF level       | Posters            | Wall posters, Board posters, Wall painting                                    | 1-2 at each HF<br>1-2 at each HF<br>1-2 at each HF | Throughout the year                     | 2                           | 3       | 4       | 5       |
|                 | Audio clips        | Audio clips broadcasted on mass media & social media platform on relevant CSD | 1-2  | March–May, June–August                  | 2                           | 3       | 4       | 5       |
|                 | Videos             | Video clips broadcasted mass media & social media platform on relevant CSD    | 1-2  | March –May, June – August               | 2                           | 3       | 4       | 5       |
|                 | Outdoor activities | Advertisement on buses  | 5 -10 per district                                 | Throughout the year                     | 2                           | 3       | 4       | 5       |
| Community Level | Awareness meetings | At community gatherings   | 3-4 per year/ district                             | Festival, VHSND etc.                    | 2                           | 3       | 4       | 5       |
|                 | Rallies            | Community engagement or volunteering  | 2-3 per year/ district                             | Relevant days eg: World environment Day | 2                           | 3       | 4       | 5       |
|                 | Competitions       | Quiz, poster designing etc  | 2-3 per year/ district                             | Relevant days eg: World environment Day | 2                           | 3       | 4       | 5       |

In order to inspire others to take actions on climate change, it is important to increase environmental awareness. One way to do so is by encouraging people to observe and promote different environmental events and world day campaigns that are scheduled globally and nationally throughout the year. This provides an opportunity for people to collectively learn about and participate in sustainable practices together.

The key important days that will be celebrated in the state include following:

**Table 10: Important days to be observed under the programme**

| Key Days                                      | Date         | Activities  | Budget  |
|---|--------------|---|---------|
| World Environment Day                         | June 5       | Awareness talks, sapling planting   | 2 lakhs |
| International Day of Clean Air for blue skies | September 7  | Clean air mission sensitization, air quality indices and spatial air quality maps display | 2 lakhs |
| World Environment Health Day                  | September 26 | Awareness talks, environment clean up campaigns   | 2 lakhs |
| International Day for Climate Action          | October 24   | Awareness talks, Climate action pledges   | 2 lakhs |
| National pollution prevention day             | December 2   | Awareness talks, clean up campaigns   | 2 lakhs |

## Capacity building

### Medical professional training:

- a. Expanded training of doctors and associate staff
- b. Increased training of NGOs and ASHA workers

**Table 11: Capacity Building plans under the programme**

| Training Programme            | Duration of Trainings | Refresher Training | Prioritized districts | Budget (year wise) in Lakhs |         |         |         |
|-------------------------------|-----------------------|--------------------|-----------------------|-----------------------------|---------|---------|---------|
|                               |                       |                    |                       | 2023-24                     | 2024-25 | 2025-26 | 2026-27 |
| Medical Officers              | 3 days                | 1 day              | All districts         | 14.5                        | 15      | 15.5    | 16      |
| Community Health care workers | 2 days                | 1 day              | All districts         | 7.5                         | 8       | 8.5     | 9       |
| Panchayati Raj Institutions   | 1 day                 |                    | All districts         | 14.5                        | 15      | 15.5    | 16      |

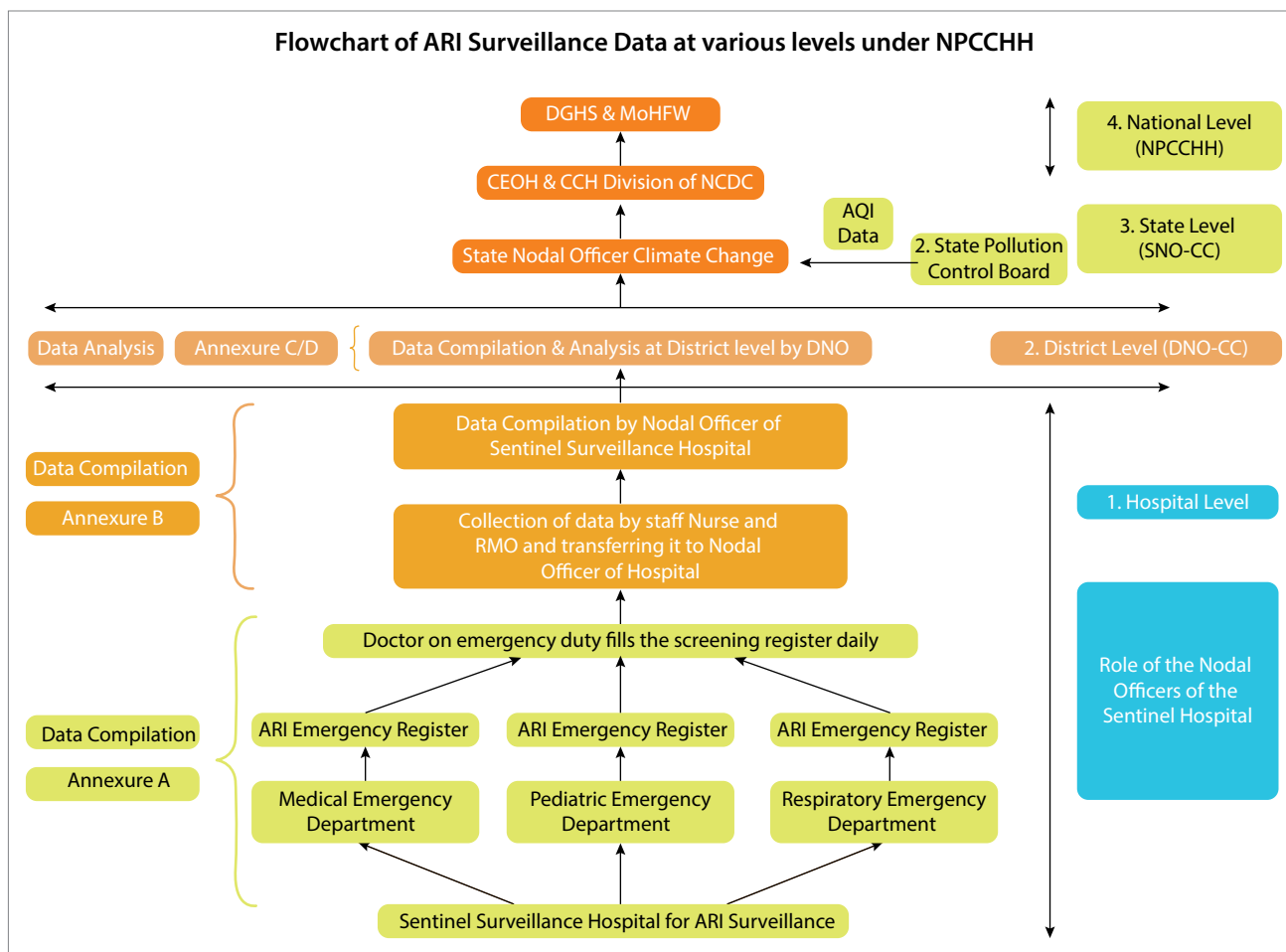
### Surveillance strengthening related to air pollution

1. Acute Respiratory Illness Surveillance Activity at State Level
2. Coordinated activity with State Pollution Control Board and Environment department
3. Operational researches in connection with Air pollution Surveillance system

Six centres in three cities have been selected for ARI surveillance. The cities include Thiruvananthapuram, Ernakulam and Kozhikode. The current policies have to be strengthened and a more coordinated mechanism has to be established for more effective control and prevention of air pollution. Public awareness has to be increased and special focus has to be given to industrial areas. More community level surveillance and systems and monitoring mechanisms has to be established.

The ARI surveillance activity will be expanded to 3 more districts viz. Kollam, Thrissur and Kannur. Further NPCCHH programme will install Low Cost Air Quality Monitors in government hospitals of 8 districts (viz. Alappuzha, Pathanamthitta, Kottayam, Idukki, Palakkad, Malappuram, Wayanad, Kasaragod) which do not have continuous air quality monitoring observatory of State Pollution Control Board. This plan will enable ARI surveillance in each of the districts of the state.

**Figure 4: ARI Surveillance at State – Data Flowchart**



**Table 12: Roles and Responsibility of Task Force Members**

| Sl. No. | Task force Member  | Role and Responsibility for Air Pollution control in state  |
|---------|--|---|
| 1       | SNO-CC/Public Health Expert from State Health Department | <ul style="list-style-type: none"> <li>Overall responsibility is to co-ordinate the activities of assessing the impact of air pollution on health and to suggest measures to reduce the same.</li> <li>Co-ordinate with the Directorate of Medical Education to-                             <ul style="list-style-type: none"> <li>Collect and compile data of patients with respect to Air Pollution effects on human health.</li> <li>Assist research on Air pollution impact on Health initiated by central/ state govt., ministry, ICMR or any other agencies</li> </ul> </li> </ul> |
| 2       | Director, from any research Institute                    | <ul style="list-style-type: none"> <li>To create evidence of Air Pollution impact on health by undertaking various studies, research for the same.</li> </ul>   |
| 3       | The Head, Meteorological department of State             | <ul style="list-style-type: none"> <li>To provide timely data of temperature, rainfall, wind speed or any other relevant meteorological factors having relation with increase or decrease of air pollution for particular city/district.</li> <li>To give inputs for reducing air pollution in relation to Meteorological factors.</li> </ul>   |
| 4       | Chairperson, State Pollution Control Board               | <ul style="list-style-type: none"> <li>To provide Air Quality Data for the cities identified under the Sentinel Surveillance for assessing the impact of Air Pollution.</li> <li>To undertake measures to reduce the Air pollution and improve quality of air.</li> <li>To monitor the progress of activities undertaken for reduction of Air Pollution.</li> </ul>   |

| Sl. No. | Task force Member                                    | Role and Responsibility for Air Pollution control in state  |
|---------|--|---|
| 5       | The Head, State Disaster Management Authority        | <ul style="list-style-type: none"> <li>To monitor the situation of the Air Pollution in different cities of state.</li> </ul>   |
| 6       | State Surveillance Officers                          | <ul style="list-style-type: none"> <li>To take necessary actions in regular data collection and analysis of data.</li> <li>To prepare and disseminate IEC on regular basis to the cities where air pollution is the big issue for public health.</li> </ul> |
| 7       | Environmental Engineer/ Senior Scientist from MoEFCC | <ul style="list-style-type: none"> <li>To enlist and share probable causes of increase in air pollution within cities of the state.</li> <li>To give necessary inputs to reduce air pollution as per the causes identified.</li> </ul>                      |
| 8       | Secretary, State Agriculture Department              | <ul style="list-style-type: none"> <li>Prevent on-farm burning of crop residue.</li> <li>Sustainable agriculture models</li> </ul>  |

**Table 13: Role of ministries in Air pollution management**

| Department  | Roles and Responsibilities   |
|---|--|
| Ministry of Environment, Forests and Climate Change | <ul style="list-style-type: none"> <li>Ensure that State Pollution Control bodies set standards for industry-specific emission and effluent, monitor levels of pollutants, and enforce penalties.</li> <li>Enforce strict air quality standards for pollution</li> <li>Strict implementation of Environment Impact Assessments (EIA) to minimize the adverse impact of industrial activities on the environment</li> <li>Effective implementation of 'National Green Tribunal' directives on trash burning/waste disposal from different sources</li> <li>Take strict measures for unregulated sectors (such as brick kilns, trash burning, stone crushing) which contributes to ambient air pollution</li> </ul>  |
| Ministry of Human Resource Development              | <ul style="list-style-type: none"> <li>Regular screening of school children for early detection of diseases, this can be attributed to the existing air pollution</li> <li>Inclusion of harmful health effects of environmental pollution (AAP and HAP) in the school curriculum (state board), including current policies and mitigation practices that are designed to reduce air pollution</li> <li>Improve indoor air quality of educational institutions state-wide</li> <li>Improve workability and access to educational institutions by non-motorised transport, thus minimizing the air pollution in the school surroundings</li> <li>Sensitize students and teachers on using the Air Quality Index in planning outdoor school activities</li> </ul> |
| Ministry of Agriculture                             | <ul style="list-style-type: none"> <li>Policy in place to promote multiple uses of crop residues and prevent their on-farm burning</li> </ul>  |
| Ministry of Rural Development                       | <ul style="list-style-type: none"> <li>Include health promotion (like clean air) guidelines as part of "Nirmal Gram Puraskar"/ Model Villages evaluation criteria/create alternate awards with specific criteria based on air pollution at the state level</li> <li>Under integrated rural development, develop and implement micro level planning policies/schemes with Panchayat Raj Institutions to address the social determinants of health for reducing the hazards of air pollution (lack of education, unemployment, poverty, poor housing conditions, etc.)</li> </ul>  |
| Ministry of Urban Development                       | <ul style="list-style-type: none"> <li>Formulate/revise urban transport policy which reduces vehicular pollution</li> <li>Implement policies to reduce indoor air pollution (like disincentivizing diesel gensets and promoting clean cooking fuels thus 'making available clean and making clean available')</li> </ul>   |

| Department  | Roles and Responsibilities  |
|---|---|
|   | <ul style="list-style-type: none"> <li>• Enforcement of ban on burning garbage or biomass (especially during winter months)</li> <li>• Help cities develop air pollution alerts and emergency plans based on the Air Quality Index or CPCB continuous air monitoring data</li> </ul>  |
| Ministry of New & Renewable Energy                  | <ul style="list-style-type: none"> <li>• Implement policies for truly clean cook stoves and support research and development</li> <li>• Research and development of other non-conventional/renewable sources of energy and programmes relating thereto, including locally generated power to supply cooking appliances</li> <li>• Support and strengthen Integrated Rural Energy Programme (IREP) with emphasis on indoor air pollution</li> <li>• Create a consensus action plan for replacing biomass fuels with alternative clean fuels</li> </ul>   |
| Ministry of Petroleum & Natural Gas                 | <ul style="list-style-type: none"> <li>• Expand new initiatives to increase the availability of LPG and other cleaner fuels to the rural &amp; tribal areas</li> <li>• Expand the piped natural gas network to reach out to a larger population</li> </ul>  |
| Ministry of Power                                   | <ul style="list-style-type: none"> <li>• Promote/develop more efficient cooking devices</li> <li>• Evaluate the potential for electric cooking appliances to substitute for biomass and LPG</li> </ul>  |
| Ministry of Road Transport and Highways             | <ul style="list-style-type: none"> <li>• Ensure effective implementation of New Motor Vehicles Act, once approved</li> <li>• Ensure proper engine checks for vehicles to assess pollution levels</li> </ul>   |
| Ministry of Information and Broadcasting            | <ul style="list-style-type: none"> <li>• Develop hard-hitting, high impact and cost-effective media plans, strategies and conduct activities for awareness generation on harmful effects of air pollution and options for their mitigation.</li> <li>• Ensure enforcement of relevant provisions in the Cable Television Networks Act to regulate advertisements of tobacco etc.</li> <li>• Involvement of Songs &amp; Drama division; Department of Field Publicity to promote health promotion activity for air pollution and its impact on respiratory and NCD risk factors</li> <li>• Develop policies to ensure that media houses allocate free airtime for health promotion messages as a corporate social responsibility activity</li> </ul> |
| Ministry of Communications & Information Technology | <ul style="list-style-type: none"> <li>• Use of mobile phones to encourage healthy choices and warn people about air pollution (both AAP and HAP, using Air Quality Index)</li> <li>• Establish Telemedicine linkages between different levels of health care in the state</li> </ul>   |
| Ministry of Labour and Employment                   | <ul style="list-style-type: none"> <li>• Regular health check-ups for early screening of pollution-related diseases</li> <li>• Frame guidelines and conduct workshops for health-promoting workplaces, (guidelines on indoor air quality)</li> <li>• Showcase and support companies that employ workplace policies that can reduce vehicular travel such as telecommuting, or placing the workplace in sites that are accessible through public transportation (e.g. Metro) or non- motorized transport.</li> </ul>   |
| Ministry of Women and Child Development             | <ul style="list-style-type: none"> <li>• Advocate through Self Help Groups and Mahila Mandal for protection of women and children from significant exposure to smoke from biomass while inside the house</li> <li>• Awareness-raising can be done to improve household ventilation to reduce smoke inhalation from lighting (ex. kerosene) or cooking fuel</li> </ul>   |
| Ministry of Finance                                 | <ul style="list-style-type: none"> <li>• Analysis of the economic and financial implications of the health and other impacts of air pollution in the state</li> </ul>   |
| Ministry of Law and Justice                         | <ul style="list-style-type: none"> <li>• Support enforcement on bans of burning trash for heating or as a way of disposal</li> </ul>  |

Figure 5: Key sectoral interventions for Clean Air Programme



Source: <https://ncdc.gov.in/WriteReadData/linkimages/HealthSectorPreparednessforAirPollution.pdf>

### Promotion of public participation and engagement to reduce air pollution

- ▶ Encourage people's contribution by maintaining vehicles properly, following traffic rules, lane discipline & speed limits and avoid prolonged idling and turning off engines in red traffic signals.
- ▶ Promote use of clean smokeless fuels for cooking and heating purposes.
- ▶ Avoid using private vehicles and instead use public transport, bikes or walk and carpool; use smaller vehicles.
- ▶ Activities to promote public participation and engagement in the locality specific measures to reduce air pollution are to be planned in consultation with LSGD.



## CHAPTER 7

# Health Action Plan on Heat Related Illnesses



Heat-related illnesses (HRI) encompass a spectrum of disorders from heat syncope, muscle cramps, and heat exhaustion to life-threatening emergency such as heat stroke. These illnesses arise when there is a disruption in the regulation of the body's temperature because heat input from the environment and body metabolism is increased compared with output from the skin via radiation, evaporation, and convection.

### Following criteria are used to declare a heat wave:

- A. Based on departure from Normal
  - Heat Wave: Departure from normal is 4.5°C to 6.4°C
  - Severe Heat Wave: Departure from normal is >6.4°C
- B. Based on Actual Maximum Temperature (for plains only)
  - ▶ Heat Wave: When actual maximum temperature  $\geq 45^{\circ}\text{C}$
  - ▶ Severe Heat Wave: When actual maximum temperature  $\geq 47^{\circ}\text{C}$

To declare a heat wave, the above criteria should be met at least two stations in a meteorological sub-division for at least two consecutive days. A heat wave will be declared on the second day.

## Heat Situation in Kerala

A heat wave is a period of unusually hot weather that typically lasts two or more days. The temperatures have to be outside the historical averages for a given area. The United Nations has warned of more heat wave deaths across the world, especially in tropical countries as climate change pushes up temperatures. The year 2016, closely followed by 2019 was declared as the top two warmest years by the World Meteorological Organization. In 2019 alone, more than 65% of Indians were exposed to heat waves. According to a November 2018 study by Indian Institute of Technology-Gandhinagar, India will see a four-fold rise in heat waves if global temperature rise is restricted to 1.5°C by the turn of this century.

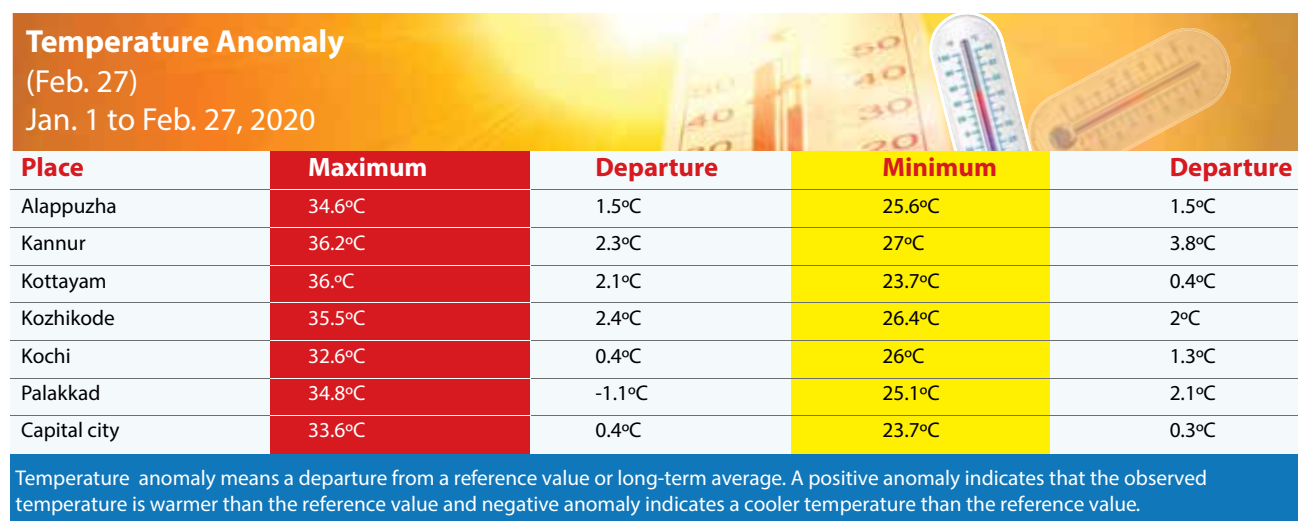
## Kerala Statistics on Heat Wave

For the first time, heat wave was officially declared in Kerala in 2016.

The State Executive Committee (SEC) of State Disaster Management Authority (SDMA) declared Heat wave, sun stroke and Sunburn as "State Specific Disasters" on March 6, 2019 (GO (Ms) No. 9/2019/DMD).

According to IDSP, 1671 heat related issues (764- Heat rash, 875-Sunburn, 32-Sunstroke) had been reported in the state from 25.02.2019 to 01.06.2019. 1 death was reported in Ernakulam district in that year. Principal Scientist (Crop Production), Central Tuber Crops Research Institute (CTCRI) opined that the mean atmospheric temperature in Kerala is increasing at a rate of about 0.4 to 0.5 degree in a decade. Kerala State Disaster Management authority and Health Department has been issuing heat advisories and alerts during the season when temperature increases.

**Figure 6: Temperature Anomaly**



**Source:** MET Office

Although Kerala might not have as high a temperature as compared to the meteorological subdivisions from north-west and central India, the temperature is still going to be high. The possibility of heat waves occurring in some pockets remains very high. The state of Kerala is specifically vulnerable to the changing climatic dynamics owing to its location along the seacoast and steep gradient along the western slopes of the Western Ghats. Though high potential growth rate of forests and perennial agriculture in Western Ghats provide high resilience against mild climatic variations, high population density, especially in the coastal areas, adds to the vulnerability to the climate related problems. Unprecedented events of heat extreme conditions were reported in many parts of Kerala during the summer months of April-May, during 2015 and 2016. The excess amount of humidity in the atmosphere intensifies the adverse effect of heat on human and animal body by slowing the natural evaporative cooling mechanism.

In the first report on “Impact of climate change in four regions of the country” submitted to the Government of India by the Indian Network for Climate Change Assessment (INCCA), it is estimated that the temperature is likely to increase by 2°C by 2050. The minimum surface air temperature in the Western Ghats region may rise by 2°C to 4.5°C. The average temperature in the region bordering Kerala is likely to rise by 1°C to 3°C. Maximum temperature increase can be seen in the Southern and Central Districts of Kerala while most of the districts in the southern Kerala will typically observe the increase in the temperature of 1.66°C to 1.77°C.



**Table 14: Heat related illness district wise data from 2019-20**

| District     | 2019       |            |            |          | 2020      |           |            |          |
|--------------|------------|------------|------------|----------|-----------|-----------|------------|----------|
|              | Heat rash  | Sun burn   | Sun stroke | Death    | Heat rash | Sun burn  | Sun stroke | Death    |
| TVM          | 18         | 20         | 3          |          | 0         | 0         | 0          |          |
| KLM          | 144        | 59         | 3          |          | 0         | 0         | 0          |          |
| PTA          | 113        | 94         | 2          |          | 18        | 22        | 0          |          |
| IDK          | 57         | 1          | 0          |          | 1         | 0         | 0          |          |
| KTM          | 6          | 48         | 3          |          | 1         | 0         | 0          |          |
| ALP          | 87         | 146        | 1          |          | 5         | 26        | 0          |          |
| EKM          | 56         | 56         | 6          |          | 0         | 0         | 0          | 1        |
| TSR          | 26         | 56         | 1          |          | 0         | 1         | 0          |          |
| PKD          | 72         | 101        | 6          |          | 9         | 13        | 1          |          |
| MPM          | 25         | 45         | 1          |          | 5         | 5         | 0          |          |
| KKD          | 80         | 172        | 4          |          | 2         | 0         | 0          |          |
| WYD          | 7          | 34         | 0          |          | 0         | 20        | 0          |          |
| KNR          | 61         | 30         | 2          |          | 0         | 0         | 0          |          |
| KSD          | 12         | 13         | 0          |          | 0         | 0         | 0          |          |
| <b>Total</b> | <b>764</b> | <b>875</b> | <b>32</b>  | <b>0</b> | <b>41</b> | <b>87</b> | <b>1</b>   | <b>1</b> |

The different kinds of heat related illnesses are indicated in the table below:

**Table 15: Heat related illnesses: clinical manifestations**

| Clinical Entity                                  | Cardinal Symptoms   | Cardinal/Important Signs  | Pertinent Negative Findings  |
|--|---|---|--|
| <b>Heat rash/<br/>Prickly heat/<br/>Miliaria</b> | <b>Itchy Rash</b> with <b>Small Red BUMPS</b> at pores in the skin. Seen in setting of heat exposure; bumps can sometimes be filled with clear or white fluid | <b>Diffused Red Color Skin or Vesicular Rash</b> , itching of the skin without visible eruption   | <b>Not Focally Distributed</b> like a contact dermatitis   |
| <b>Heat Cramps</b>                               | <b>Painful Spasms</b> of large and frequently used muscle groups  | Uncomfortable appearance, may have <b>Difficulty in Fully Extending Affected Limbs/Joints</b>   | No contaminated wounds/tetanus exposure; no seizure activity   |
| <b>Heat Exhaustion</b>                           | Feeling overheated, light headedness, <b>Exhausted and Weak</b> , unsteady, feeling of <b>Vomiting, Sweaty and Thirsty</b> , inability to continue activities | <b>Sweaty</b> /diaphoretic; flushed skin; hot skin; Normal Core Temperature; +/- dazed, +/- generalized weakness, slight disorientation   | No coincidental signs and symptoms of infection; no focal weakness; no difficulty in swallowing food or speech; no drug/overdose history |
| <b>Heat Syncope</b>                              | Feeling hot and weak; light headedness followed by a <b>Brief Loss of Consciousness</b>   | Brief, generalized loss of consciousness in hot setting, short period of disorientation, if any   | <b>No Seizure Activity</b> , no loss of bowel or bladder continence, no focal weakness, no difficulties in swallowing or speech          |
| <b>Heat Stroke</b>                               | Severe overheating; profound weakness; <b>Disorientation, Not Fully Alert, Convulsion, or Other Altered Mental Status</b>                                     | Flushed, <b>Dry Skin</b> (not always), <b>Core Temp <math>\geq 40^{\circ}\text{C}</math> OR <math>104^{\circ}\text{F}</math></b> ; altered mental status with disorientation, incoherent behavior, <b>Coma, Convulsion</b> ; tachycardia. +/- hypotension | No coincidental signs and symptoms of infection; no focal weakness; no difficulties in swallowing or speech, no drug/overdose history    |

**Table 16: Heat-related illnesses: Summary of Spectrum & treatment**

| Heat Related Illness   | Clinical Presentation  | Treatment  |
|------------------------|--|--|
| <b>Heat edema</b>      | <ul style="list-style-type: none"> <li>Mild swelling of feet, ankle and hands</li> <li>Appears in few days of exposure to hot environment</li> <li>Does not progress to pretibial region</li> </ul>  | <ul style="list-style-type: none"> <li>Usually resolves spontaneously within days to 6 weeks</li> <li>Elevate leg</li> <li>Compressive stocking</li> <li>Diuretics are not effective</li> </ul>  |
| <b>Prickly Heat</b>    | <ul style="list-style-type: none"> <li>Pruritic, maculopapular, erythematous rash normally over covered areas of body</li> <li>Itchiness</li> <li>Prolonged or repeated heat exposure may lead to chronic dermatitis</li> </ul>  | <ul style="list-style-type: none"> <li>Antihistamine</li> <li>Wear clean, light, loose fitting clothing</li> <li>Avoid sweat generating situations</li> <li>Chlorhexidine in a light cream or lotion base</li> <li>Calamine lotion</li> </ul>  |
| <b>Heat Cramps</b>     | <ul style="list-style-type: none"> <li>Painful, involuntary, spasmodic contractions of skeletal muscle (calves, thighs and shoulder)</li> <li>Occur in individuals sweating profusely and only drinking water or hypotonic solutions</li> <li>Limited duration</li> <li>Limited to certain muscle group</li> </ul> | <ul style="list-style-type: none"> <li>Fluid and salt replacement (IV or oral)</li> <li>Rest in cool environment</li> </ul>  |
| <b>Heat Tetany</b>     | <ul style="list-style-type: none"> <li>Hyperventilation</li> <li>Extremity/s and circumoral paresthesia</li> <li>Carpopedal spasm</li> </ul>   | <ul style="list-style-type: none"> <li>Calm the patient to reduce respiratory rate</li> <li>Remove from hot environment</li> </ul>   |
| <b>Heat Syncope</b>    | <ul style="list-style-type: none"> <li>Postural hypotension</li> <li>Commonly in non-acclimatized elderly</li> </ul>   | <ul style="list-style-type: none"> <li>Rule out other causes of syncope</li> <li>Removal from hot environment</li> <li>Rest and IV drip</li> </ul>   |
| <b>Heat Exhaustion</b> | <ul style="list-style-type: none"> <li>Headache, Nausea, Vomiting</li> <li>Malaise, Dizziness</li> <li>Muscle cramps</li> <li>Temperature less than 40°C or normal</li> <li>May progress to heat stroke if fails to improve with treatment</li> <li>No CNS involvement</li> </ul>                                  | <ul style="list-style-type: none"> <li>Remove the patient from heat stress area</li> <li>Volume replacement</li> <li>If there is no response to treatment in 30 minutes, then aggressively cool the patient to core temperature of 39°C</li> </ul>                                     |
| <b>Heat Stroke</b>     | <ul style="list-style-type: none"> <li>Core body temperature greater than 40°C</li> <li>Signs of CNS dysfunction: Confusion, delirium, ataxia, seizures, coma</li> <li>Other late findings: anhidrosis, coagulopathy, multiple organ failure</li> </ul>  | <ul style="list-style-type: none"> <li>Remove the patient from heat stress area</li> <li>Volume replacement</li> <li>If there is no response to treatment in 30 minutes, then aggressively cool the patient to core temperature of 39°C (further details later in document)</li> </ul> |

**Table 17: Health Adaptation plan for heat related illnesses**

| Vulnerability Assessment   | Health Sector Role  | Risk Reduction Activities   |
|--|---|---|
| <p><b>Identifying the heat:</b><br/>Vulnerability and the vulnerable groups allow public health practitioners to best prioritize actions and effectively create public health prevention measures. It will help the administration to allocate necessary resources and develop action plans</p> <ul style="list-style-type: none"> <li>• Identify vulnerable groups</li> <li>• Location of vulnerable groups</li> <li>• Isolated members</li> <li>• Power outage area</li> <li>• Maintenance of Data on Heat-Related Deaths and Illness</li> </ul> | <p><b>Pre-heat season:</b></p> <ul style="list-style-type: none"> <li>• Create a list of high-risk areas (heat-wise) of districts/blocks/cities</li> <li>• Update surveillance protocols and programs, including tracking daily heat-related data</li> <li>• Develop/revise and translate IEC in local language</li> <li>• Make a communication plan for the dissemination of heat-related alerts or education materials</li> <li>• Capacity building of health care personnel to detect and treat heat-related illnesses</li> <li>• Issue health advisory to healthcare personnel based on IMD seasonal prediction or warning</li> <li>• Promote practice of cool roofing</li> <li>• Reassess ‘Occupational Health Standards’ for various types of Occupation</li> <li>• Ensure Inter-sectoral convergence and coordination for improving architecture, design, energy-efficient cooling and heating facility, increase in plantation i.e. Climate Resilient Green Building Design</li> <li>• Train medical officers and paramedics to handle heat stress</li> <li>• Coordinate outreach efforts with other community groups, non- profits, and higher education</li> </ul> <p><b>Heat season</b></p> <ul style="list-style-type: none"> <li>• Ensure real-time surveillance and monitoring system in case of an extreme event</li> <li>• Equip health facilities with additional materials and manpower if required at high risk areas</li> <li>• Cool rooms at healthcare facilities</li> <li>• Distribute “Dos and Don’ts” to the community</li> <li>• Ensure strict implementation of legislative/ regulatory actions as per Occupational Health Standards</li> <li>• Expedite recording of cause of death due to heat-related illnesses</li> </ul> <p><b>Post-heat season</b></p> <ul style="list-style-type: none"> <li>• Participate in the annual evaluation of heat action plan</li> <li>• Review revised heat action plan</li> </ul> | <p><b>Standard Operating Procedure to manage heatwaves</b><br/><b>Pre-Heat Season (February)</b><br/>Pre-Heat Season is devoted to develop early warning systems, communication plan of alerts to the general public, health care professionals, and voluntary groups (caregivers) with emphasis on training and capacity building of these groups</p> <p><b>During the Heat Season (March to May)</b><br/>High alert, continuous monitoring of the situation, coordination with all the department’s agencies concerned on one hand and general public &amp; media, on the other hand, is the focus of this phase</p> <p><b>Post -Heat Season (June to October)</b><br/>In Phase – III concentration is on evaluation and updation of the plan. It is important at the end of the summer to evaluate whether the heat-health action plan has worked. Continuous updation of plan is a necessity. Global climate change is projected to further increase the frequency, intensity and duration of heat waves and attributable deaths. Public health prevention measures need to take into consideration the additional threat from climate change and be adjusted over time</p> |

**Table 18: Role of ministries in heat related illnesses management**

| Department   | Season    | Roles and Responsibilities  |
|--|-----------|---|
| <b>Meteorological Department</b>                     | Pre-Heat  | <ul style="list-style-type: none"> <li>Issue weather forecasts on Short/Medium/Long range duration</li> </ul>   |
|  | Heat      | <ul style="list-style-type: none"> <li>Issue Heat wave alerts</li> <li>Coordination with the health department for analyzing cases and death data with meteorological variables like maximum temperature and relative humidity</li> </ul>   |
|  | Post-Heat | <ul style="list-style-type: none"> <li>Participate in the annual evaluation of heat action plan</li> <li>Review revised heat action plan</li> </ul>   |
| <b>Department of Drinking Water &amp; Sanitation</b> | Pre-Heat  | <ul style="list-style-type: none"> <li>Identify vulnerable places</li> </ul>  |
|  | Heat      | <ul style="list-style-type: none"> <li>Provide drinking water points at identified places and worksites</li> </ul>  |
|  | Post-Heat | <ul style="list-style-type: none"> <li>Participate in the annual evaluation of heat action plan</li> <li>Review revised heat action plan</li> </ul>   |
| <b>Public Health &amp; Engineering Department</b>    | Pre-Heat  | <ul style="list-style-type: none"> <li>To construct cool shelters/sheds at public places, bus stands, etc</li> </ul>  |
|  | Heat      | <ul style="list-style-type: none"> <li>To maintain shelters/sheds, bus stands</li> </ul>  |
|  | Post-Heat | <ul style="list-style-type: none"> <li>Participate in the annual evaluation of heat action plan</li> <li>Review revised heat action plan</li> </ul>   |
| <b>LSGD</b>  | Pre-Heat  | <ul style="list-style-type: none"> <li>Review the heat preparation measures</li> </ul>  |
|  | Heat      | <ul style="list-style-type: none"> <li>Ensure implementation of guidelines of the heat action plan</li> </ul>   |
|  | Post-Heat | <ul style="list-style-type: none"> <li>Review the heat preparation measures and make a note of the lessons learned for the next season</li> </ul>   |
| <b>Department of Education</b>                       | Pre-Heat  | <ul style="list-style-type: none"> <li>Train and Sensitize teachers and students towards the health impact of extreme events and disseminate health ministry approved prevention and first-aid measures</li> <li>Proper seating and ventilation in classrooms</li> </ul>  |
|  | Heat      | <ul style="list-style-type: none"> <li>Rescheduling school timing during summer</li> <li>During extreme events keep a check on outdoor activities</li> <li>Close teaching institutes in case of issue of alert from Government</li> </ul>   |
|  | Post-Heat | <ul style="list-style-type: none"> <li>Participate in the annual evaluation of heat action plan</li> <li>Review revised heat action plan</li> </ul>   |
| <b>Department of Labour &amp; employment</b>         | Pre-Heat  | <ul style="list-style-type: none"> <li>Reassess 'Occupational Health Standards' for various types of Occupation</li> <li>Utilize maps of construction sites to identify more high-risk outdoor workers</li> <li>Heat illness orientation for factory medical officers and general practitioners</li> <li>Communicate directly about heat season with non-factory workers</li> </ul> |
|  | Heat      | <ul style="list-style-type: none"> <li>Encourage employers to shift outdoor workers' schedules away from peak afternoon hours (1 pm-5 pm) during a heat alert or consider extended afternoon break or alternate working hours for workers</li> <li>Provide water at work sites</li> </ul>   |
|  | Post-Heat | <ul style="list-style-type: none"> <li>Participate in the annual evaluation of heat action plan</li> <li>Review revised heat action plan</li> </ul>   |
| <b>Department of Power supply</b>                    | Pre-Heat  | <ul style="list-style-type: none"> <li>Maintenance of electrical lines</li> </ul>   |
|  | Heat      | <ul style="list-style-type: none"> <li>Ensure uninterrupted supply of electricity</li> </ul>  |
|  | Post-Heat | <ul style="list-style-type: none"> <li>Participate in the annual evaluation of heat action plan</li> <li>Review revised heat action plan Participate in the annual evaluation of heat action plan</li> <li>Review revised heat action plan</li> </ul>   |
| <b>Department of Forest &amp; Climate change</b>     | Pre-Heat  | <ul style="list-style-type: none"> <li>Develop/encourage projects to decrease the 'Urban Heat Island effect'</li> </ul>   |

| Department                     | Season    | Roles and Responsibilities  |
|--------------------------------|-----------|---|
|                                | Heat      | <ul style="list-style-type: none"> <li>Ensure implementation of guidelines of the heat action plan</li> </ul>   |
|                                | Post-Heat | <ul style="list-style-type: none"> <li>Review the heat preparation measures and make a note of the lessons learned for the next season</li> </ul>   |
|                                | Pre-Heat  | <ul style="list-style-type: none"> <li>Review the road map for preparation for the heat season</li> </ul>   |
| <b>Department of Transport</b> | Heat      | <ul style="list-style-type: none"> <li>Ensure implementation of guidelines of heat action plan</li> </ul>   |
|                                | Post-Heat | <ul style="list-style-type: none"> <li>Participate in the annual evaluation of heat action plan</li> <li>Review revised heat action plan</li> </ul>   |
|                                | Pre-Heat  | <ul style="list-style-type: none"> <li>Secure commercial airtime slots for public service announcements</li> <li>Identify areas to post warnings and information during heat season</li> <li>Activate telephone heat hotline</li> <li>Begin placing temperature forecasts in newspapers</li> <li>Increase installed LED screens with scrolling temperature</li> </ul> |
| <b>Media or Press Officer</b>  | Heat      | <ul style="list-style-type: none"> <li>Issue heat warnings in heat and electronic media</li> <li>Contact local FM radio and TV stations for announcements</li> <li>Use SMS, text and WhatsApp mobile messaging and centralized mobile databases to send warnings</li> <li>Contact transport department to place warnings on buses</li> </ul>                          |
|                                | Post-Heat | <ul style="list-style-type: none"> <li>Evaluate reach of advertising to target groups and other means of communication such as social media</li> </ul>  |
|                                | Pre-Heat  | <ul style="list-style-type: none"> <li>Secure commercial airtime slots for public service announcements</li> <li>Identify areas to post warnings and information during heat season</li> <li>Activate telephone heat hotline</li> <li>Begin placing temperature forecasts in newspapers</li> <li>Increase installed LED screens with scrolling temperature</li> </ul> |

**Table 19: IEC and dissemination plan for heat related illnesses**

| Key Messaging          | IEC material       | Medium of Dissemination   | Frequency  | Timeline                                | Budget (year wise) in lakhs |         |         |         |
|------------------------|--------------------|---|--|---|-----------------------------|---------|---------|---------|
|                        |                    |   |  |   | 2023-24                     | 2024-25 | 2025-26 | 2026-27 |
| <b>HCF level</b>       | Posters            | Wall posters, Board posters, Wall painting                                    | 1-2 at each HF<br>1-2 at each HF<br>1-2 at each HF | Throughout the year                     | 2.5                         | 3.5     | 4.5     | 5.5     |
|                        | Audio clips        | Audio clips broadcasted on mass media & social media platform on relevant CSI | 1-2  | February–June                           | 2.5                         | 3.5     | 4.5     | 5.5     |
|                        | Videos             | Video clips broadcasted mass media & social media platform on relevant CSI    | 1-2  | February–June                           | 2.5                         | 3.5     | 4.5     | 5.5     |
|                        | Outdoor activities | Advertisement on buses  | 5 -10 per district                                 | Throughout the year                     | 2.5                         | 3.5     | 4.5     | 5.5     |
| <b>Community Level</b> | Awareness meetings | At community gatherings   | 3-4 per year/ district                             | Festival, VHSND etc                     | 2.5                         | 3.5     | 4.5     | 5.5     |
|                        | Rallies            | Community engagement or volunteering  | 2-3 per year/ district                             | Relevant days eg: World environment Day | 2.5                         | 3.5     | 4.5     | 5.5     |
|                        | Competitions       | Quiz, poster designing etc  | 2-3 per year/ district                             | Relevant days eg: World environment Day | 2.5                         | 3.5     | 4.5     | 5.5     |

## International and National Environmental Related Dates will be Celebrated to Create the Awareness

In order to inspire others to take actions on climate change, it is important to increase environmental awareness. One way to do so is by encouraging people to observe and promote the different environmental events and world day campaigns that are scheduled globally and nationally throughout the year. This provides an opportunity for people to collectively learn about and participate in sustainable practices together.

**Table 20: Important days to be observed under the programmes in connection with heat related illness**

| Key Days                             | Date         | Activities                                      | Budget  |
|--------------------------------------|--------------|---|---------|
| World Environment Day                | June 5       | Awareness talks, sapling planting               | 2 lakhs |
| World Heat Action Day                | June 14      | Awareness talks, Ralleys, Cool Roof Campaigns   | 1 lakhs |
| World Environment Health Day         | September 26 | Awareness talks, environment clean up campaigns | 2 lakhs |
| International Day for Climate Action | October 24   | Awareness talks, Climate action pledges         | 2 lakhs |

## Capacity Building

### Medical professional training:

- a. Expanded training of doctors and associate staff
- b. Increased training of NGOs and ASHA workers

**Table 21: Capacity building plan related to heat related to illness**

| Training Programme            | Duration of Trainings | Refresher Training schedule | Prioritized districts | Budget (year wise) in lakhs |         |         |         |
|-------------------------------|-----------------------|-----------------------------|-----------------------|-----------------------------|---------|---------|---------|
|                               |                       |                             |                       | 2023-24                     | 2024-25 | 2025-26 | 2026-27 |
| Medical Officers              | 3 days                | 1 day                       | All districts         | 14.5                        | 15      | 15.5    | 16      |
| Community Health care workers | 2 days                | 1 day                       | All districts         | 7.5                         | 8       | 8.5     | 9       |
| Panchayati Raj Institutions   | 1 day                 |                             | All districts         | 14.5                        | 15      | 15.5    | 16      |

# Health Action Plan on Extreme Weather Event-Related Health Issues



Kerala state is frequently ravaged by the disastrous consequences of numerous hazards and hence it is a multi-hazard prone State. The State is prone to natural disasters like:

- ▶ Flood (Riverine, Urban and Flash Floods)
- ▶ Landslides (includes debris flows, rock fall, rock avalanche, rock slide, landslips and mud slips)
- ▶ Drought
- ▶ Coastal hazards (High waves, Storm surges, Kallakadal, Tsunami, Salt Water Intrusion, Coastal erosion)
- ▶ Wind (Cyclone, Gusty winds)
- ▶ Lightning
- ▶ Earthquakes

The high density population of 860 people/sq kms (2011 Census), narrow roads, high density of road network, density of coastal population and the general higher standard of living of the public as compared to the rest of the country are factors that increase the vulnerability of the population to disasters.

Alappuzha is the most flood susceptible district with flood prone area of 762.6 sq kms. This is closely followed by Ernakulam district with 718.9 sq kms of flood prone area. Idukki with 388.38 sq kms in high hazard zonation area is the most susceptible district to landslides. Further there are 24 taluks which are susceptible to coastal hazards. The below attached are the maps showing susceptible areas of State to various hazards.



Figure 9: Flood susceptibility map of Kerala

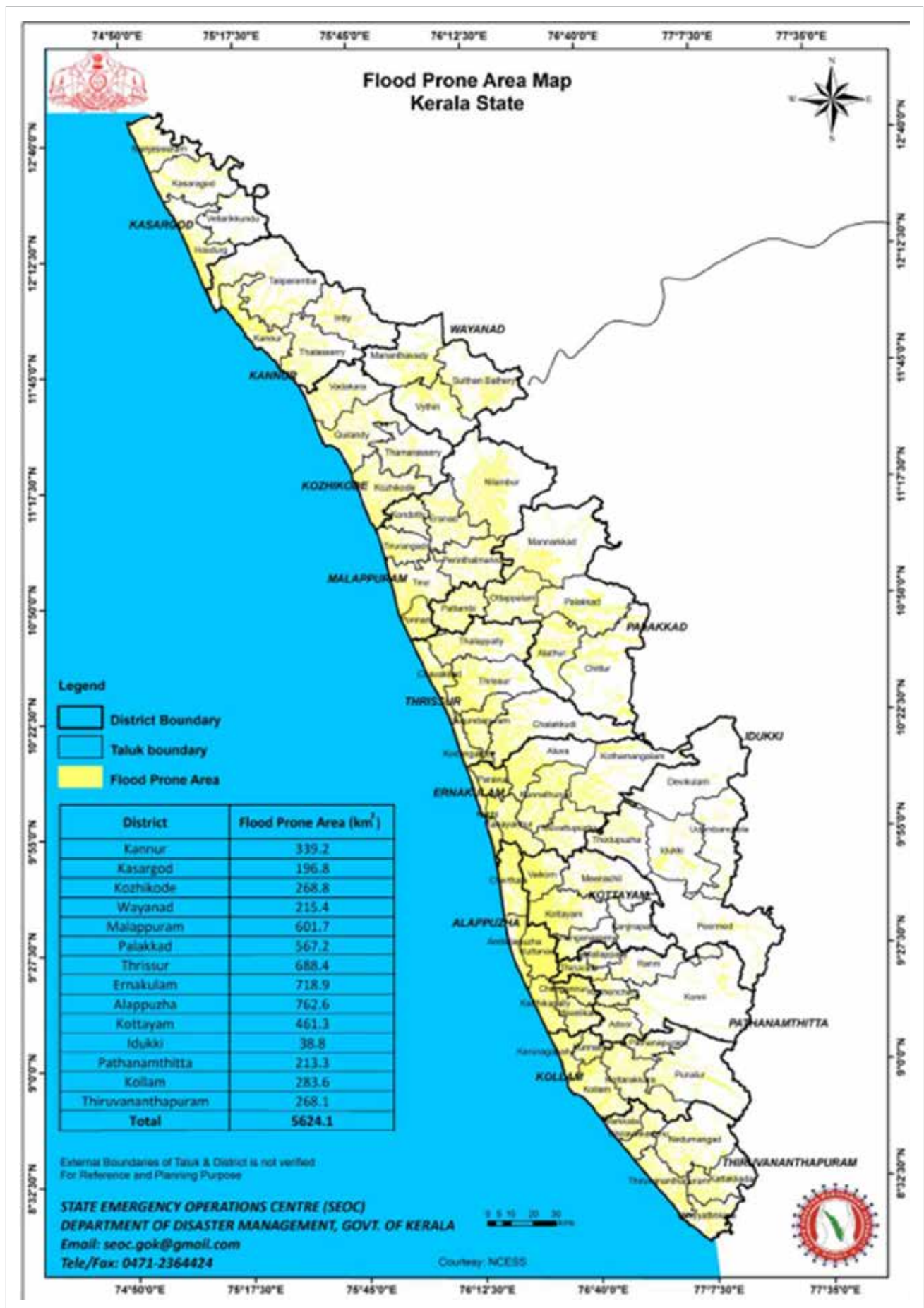




Figure 10: Landslide susceptibility map of Kerala

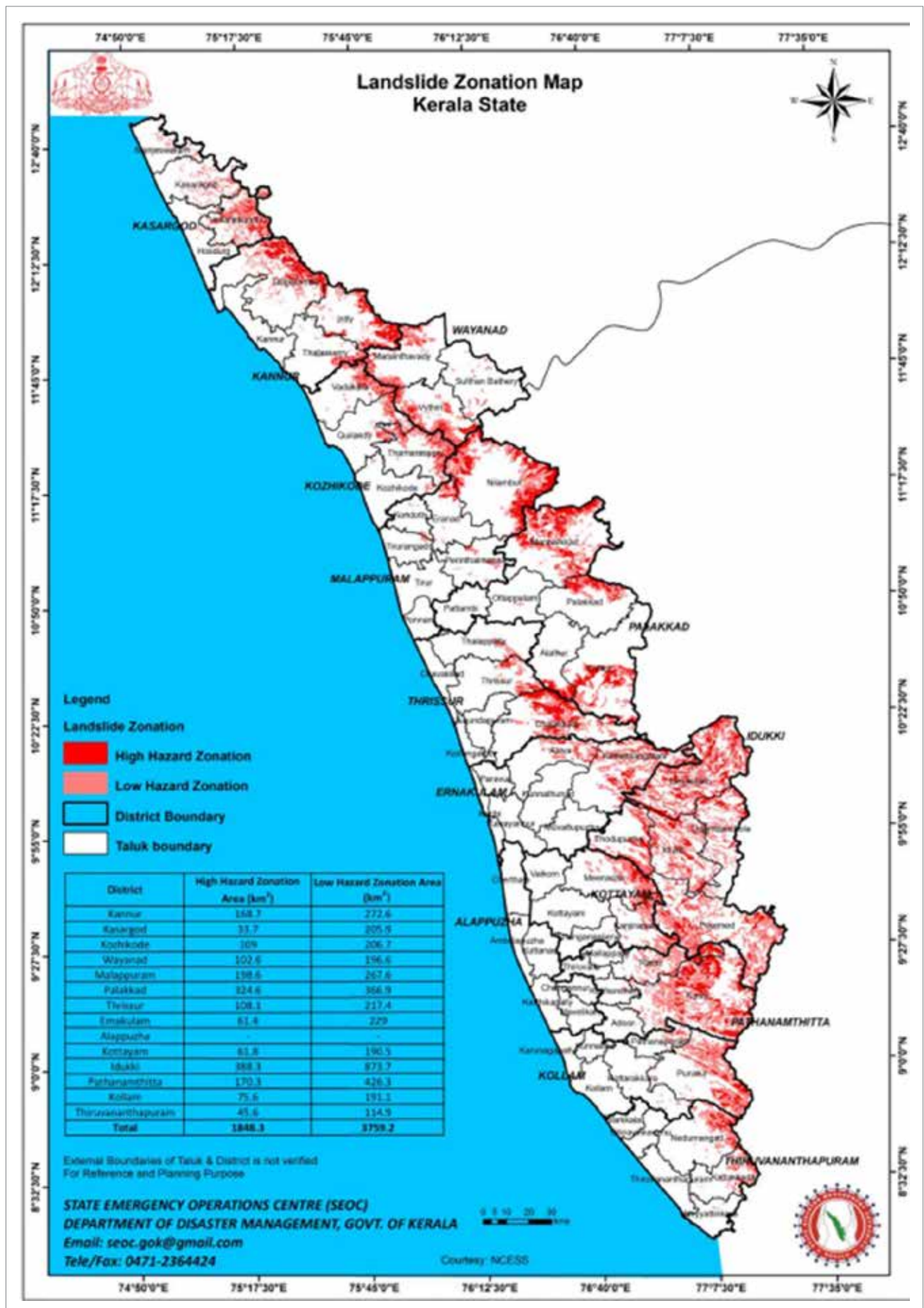


Figure 11: Coastal taluk susceptibility map of Kerala

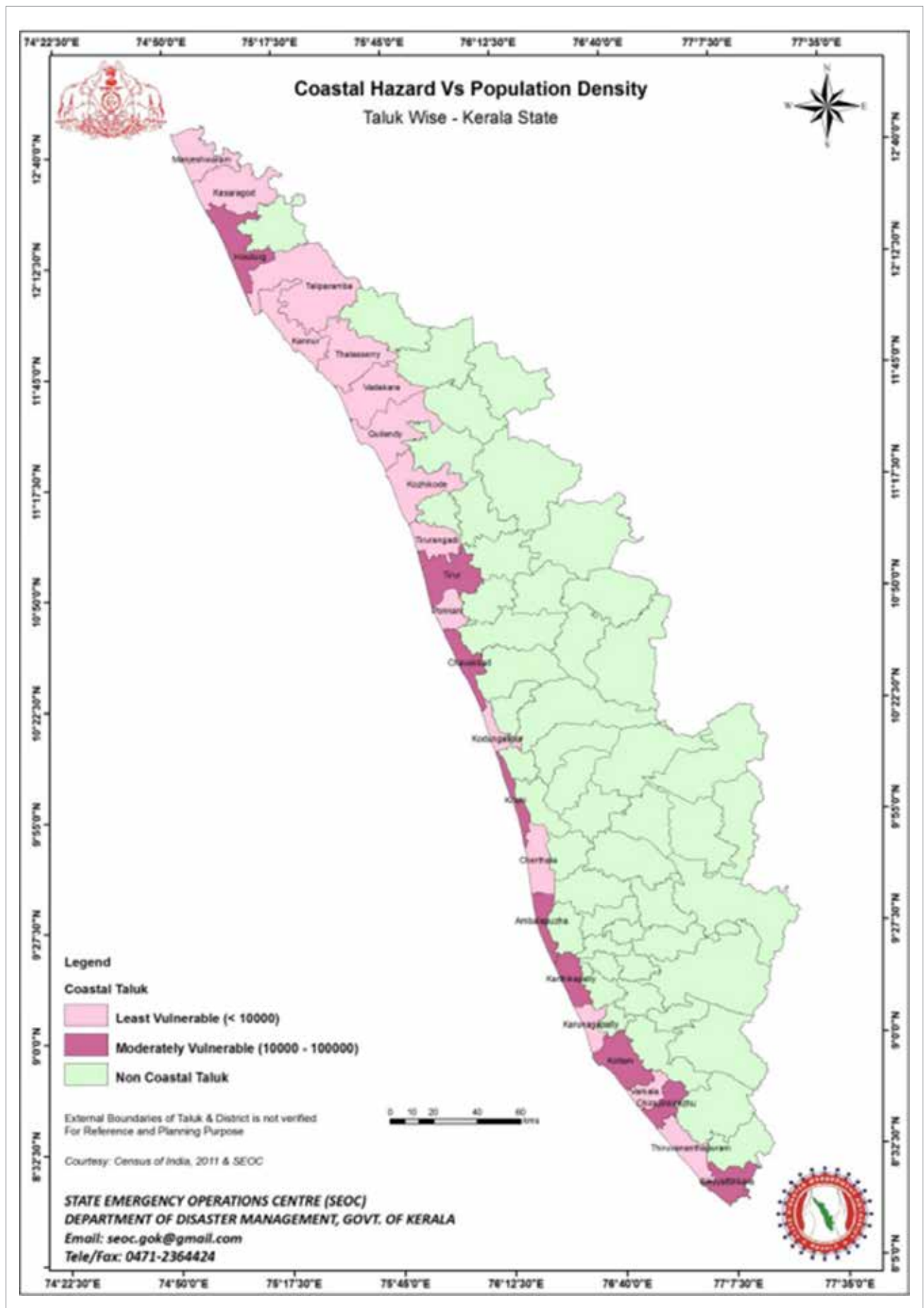


Figure 12: Drought susceptibility map of Kerala

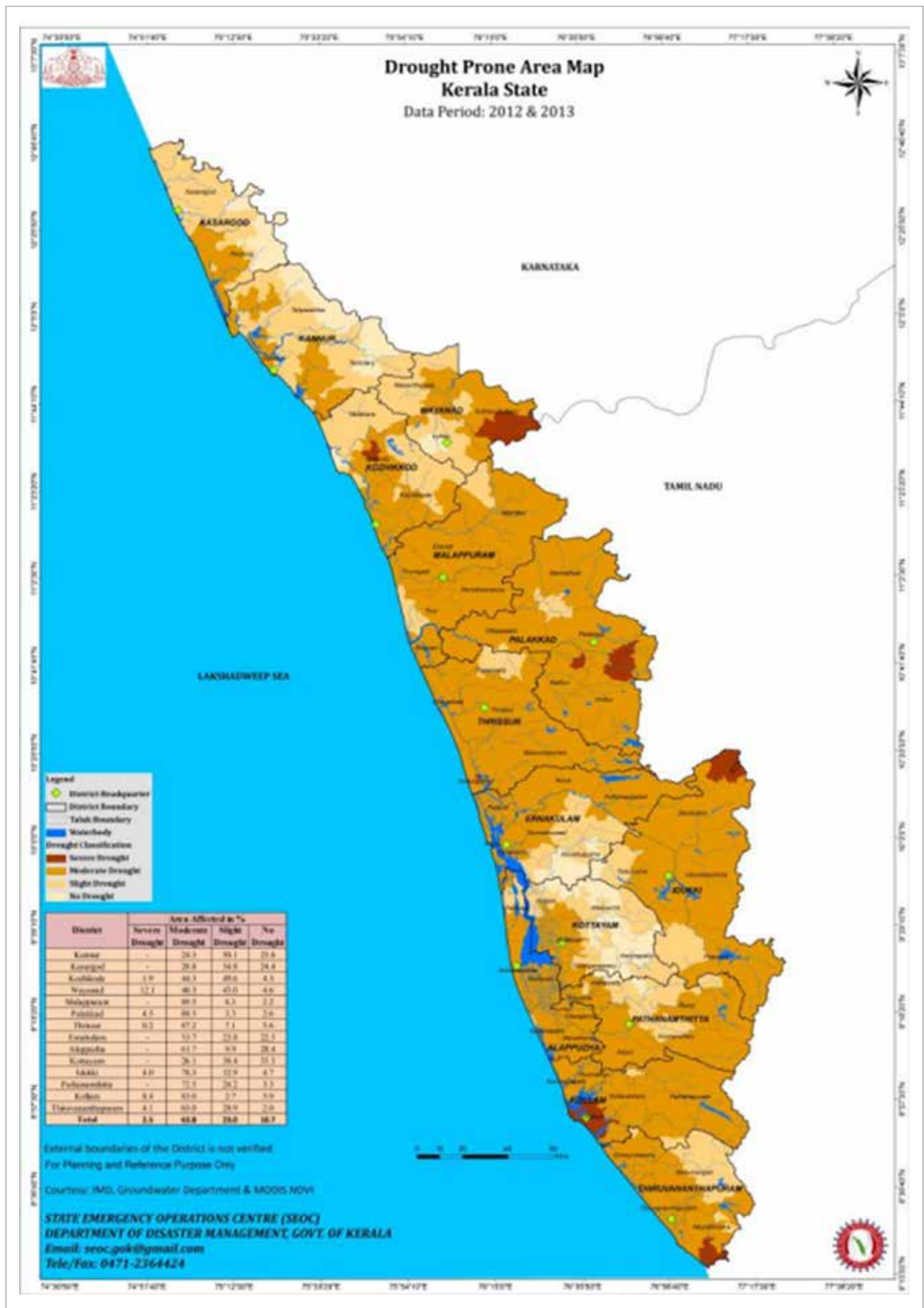
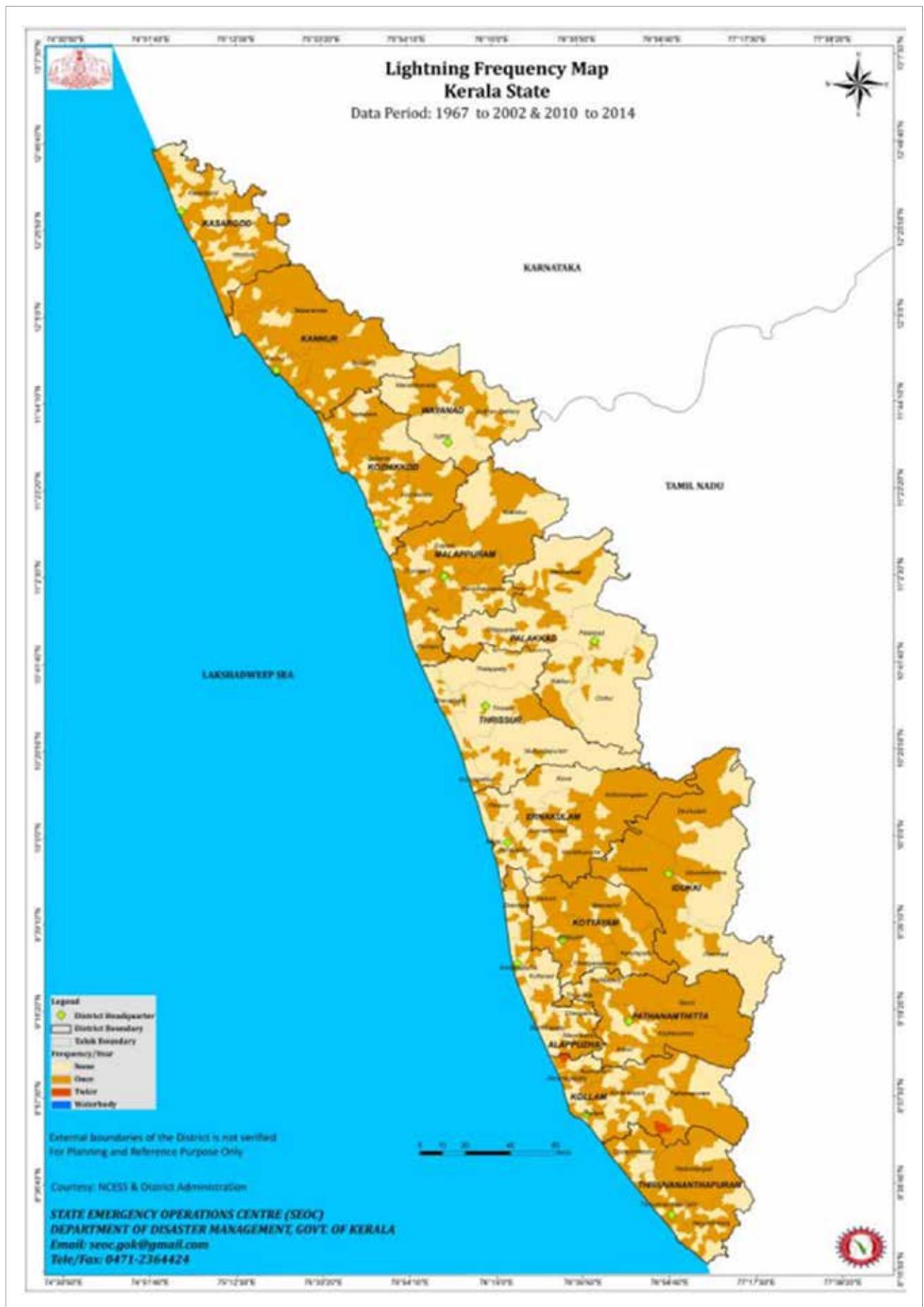




Figure 13: Lightning susceptibility map of Kerala



## IEC activities

Target population: Demographically vulnerable population to the specific disaster, people at extremes of age (>65 yrs, children), Socioeconomically vulnerable communities, people occupationally susceptible to the disaster, unplanned and overcrowded urban housing areas, remote and isolated areas.

**Table 31: Annual IEC dissemination plan for extreme weather events and their health impact under NPCCHH**

| IEC type                | Material  | Timeline                             | Mechanism  |
|-------------------------|---|--------------------------------------|--|
| Early warning           | Bulletins/advisory by IMD, CWC sent by NPCCHH   | As needed for extreme weather events | <ul style="list-style-type: none"> <li>Health department/other government website, mass media, social media</li> </ul>   |
| Posters                 | Posters on various extreme weather events and its health impact (Conversion of IEC into local language and locality specific)   | Seasonal as needed                   | <ul style="list-style-type: none"> <li>State-level dissemination at health facilities, public places/buildings</li> <li>By email to DNO for printing at district level and dissemination to health facilities, schools and other public places/government buildings</li> </ul> |
| Wall painting           | Paintings on various extreme weather events and its health impact (Conversion of IEC into local language and locality specific) | Seasonal as needed                   | <ul style="list-style-type: none"> <li>Educational institutions</li> <li>Health facilities</li> <li>Public places</li> <li>State Transport buses</li> </ul>  |
| Audio messages          | Audio Jingles (Conversion of IEC into local language and locality specific)   | Seasonal as needed                   | <ul style="list-style-type: none"> <li>Local radio channels, social media</li> </ul>   |
| Video messages          | Video messages (Conversion of IEC into local language and locality specific)  | Seasonal as needed                   | <ul style="list-style-type: none"> <li>Mass media channels/social media handles/ government websites</li> </ul>  |
| Observing relevant days | International Day for Disaster Risk Reduction   | October 13                           | <ul style="list-style-type: none"> <li>Targeted awareness sessions</li> <li>Mock drills with support with other stakeholders</li> </ul>  |

## Capacity building

**Table 32: Annual training plan for Extreme Weather Events and Health under NPCCHH**

| Training Programme for                             | Trainer                 | Topics   | Timeline |
|--|-------------------------|--|----------|
| <b>District level</b><br>(DNO-CC, trainers)        | State Level Trainers    | <ul style="list-style-type: none"> <li>Climate change and impact of extreme weather events in India</li> <li>Formation of disaster management committees and plans</li> <li>Health facility vulnerability, resilient measures and disaster preparedness</li> <li>Disaster response in coordination with state/district disaster management authority</li> <li>Post-disaster health impact assessment and response</li> </ul> | January  |
| <b>Health facility level</b><br>(MO of DH/CHC/PHC) | District Level Trainers | <ul style="list-style-type: none"> <li>Health facility disaster vulnerability assessment</li> <li>Disaster management committee and plan</li> <li>Climate resiliency measures (structural/functional)</li> <li>Health facility preparedness for EWE/disaster response</li> <li>Post-disaster surveillance and damage assessment</li> </ul>   | January  |

| Training Programme for                                  | Trainer  | Topics  | Timeline |
|---|--|---|----------|
| <b>Community Health care workers</b><br>(ASHA, ANM etc) | District Level Trainers, MO                      | <ul style="list-style-type: none"> <li>Climate change and health impact of extreme weather events</li> <li>Disaster planning and response</li> </ul>                              | February |
| <b>Panchayati Raj Institutions</b>                      | District level trainers, MO, Health care workers | <ul style="list-style-type: none"> <li>Climate change and health impact of extreme weather events</li> <li>Disaster planning and response with community participation</li> </ul> | February |

## Actions for Health System Strengthening and Preparedness

- ▶ To Undertake reviews of the State's health infrastructure and potential climate change- related vulnerabilities and risks (and where such infrastructure is found to be at high risk, retrofit to make these more climate-resilient), for example, prepare contingency plans for alternative methods of energy generation during electricity blackouts in health facilities.
- ▶ Set up early warning systems and emergency responses to deal with climate-induced extreme weather events like floods, storm surges, cyclones, heatwaves, droughts etc.
- ▶ Supply of logistics required at health care facilities.
- ▶ Preparedness of health system and personnel.
- ▶ Activities for prevention of illnesses (IEC, pamphlets, advisories, training, workshop, etc).
- ▶ Make sure of the availability of operational communication channel.
- ▶ Establishment of mechanism to ensure data maintenance, surveillance, timely sharing with concerned departments and stakeholders.

## Roles and Responsibilities

**Table 33: Roles and responsibilities of stakeholders during extreme weather events**

|                      | Responsibilities  |
|----------------------|---|
| <b>Health sector</b> | <ul style="list-style-type: none"> <li>Develop/adapt health micro- plans for extreme weather events based on meteorology warnings and changes in the trend of illnesses in recent years.</li> <li>Map vulnerable population based on demography, land cover, water bodies, potential exposure, available resources health insurance coverage, and burden of chronic illnesses in the community.</li> <li>Develop or translate IEC in the local language, and make a communication plan for the dissemination of health-related alerts/education materials for the target or general population.</li> <li>Build capacity of health care personnel to detect and treat illnesses associated with extreme weather events.</li> <li>Issue health advisory to healthcare personnel based on IMD seasonal prediction or warning.</li> <li>Ensure health-related Real-time Surveillance and Monitoring System in case of extreme event.</li> <li>Explore collaborative mechanisms (e.g., memoranda of understanding) with other departments, stakeholders, such as meteorological, pollution control board, etc for sharing data and for coordinating efforts to manage health risks.</li> <li>Ensure Inter-sectoral convergence and coordination for improving architecture, design, energy-efficient cooling and heating system at the health facility, increase in plantation i.e. Climate Resilient Green Building Design.</li> <li>Reassess 'Occupational Health standards' for various types of Occupation.</li> <li>Ensure strict implementation of legislative/regulatory actions as per Occupational Health Standards.</li> </ul> |

|            | Responsibilities  |
|------------|---|
| <b>SNO</b> | <ul style="list-style-type: none"> <li>• Disseminate early warnings to district level</li> <li>• Finalization of IEC material and dissemination Plan</li> <li>• Formalize intersectoral coordination for disaster planning, management and response with SDMA/IMD and other response departments</li> <li>• Organize training of district level officers</li> <li>• Facilitate assessment and implement of climate resilient measures in health facilities</li> <li>• Review implementation of IEC, training and surveillance activities at all levels</li> <li>• Evaluate and update relevant section of SAPCCHH with support from State Task Force</li> <li>• Create organizational support and strengthen Environmental Health cell to implement NPCCHH vision, Goal and Objectives</li> <li>• Organize sensitization workshops for other stakeholders and line departments</li> <li>• Collaborate with academic institute/s for support in updating SAPCCHH, Surveillance activity monitoring, training of health care professionals, vulnerability assessment and applied research</li> </ul> <p>Submit reports of activities on extreme weather events and health under NPCCHH</p>  |
| <b>DNO</b> | <ul style="list-style-type: none"> <li>• Disseminate early warning to block and health facility level</li> <li>• Ensure IEC dissemination to community level and facilitate community level IEC activities</li> <li>• Organize training for block health officers and MO</li> <li>• Formalize intersectoral coordination for disaster planning, management and response with SDMA/IMD and other response departments</li> <li>• Liaison with other departments for combined IEC campaigns, coordinated response and information sharing of health indicators for targeted action</li> <li>• Identification and communication of Evacuation routes &amp; relief camps</li> <li>• Support planning and management of health care services in relief camps</li> <li>• Provide necessary IEC on health and sanitation in relief camps training for block health officers, medical officers, with relevant training manuals</li> <li>• Conduct sensitization of vulnerable groups: police officers, outdoor works, women, children etc</li> <li>• Organize IEC campaigns at district level on observance of important environment-health days</li> <li>• Facilitate disaster vulnerability assessments in health facilities and maintain records of such assessment and health facility damage due to extreme weather events</li> <li>• Update DAPCCHH with support from District Task Force</li> </ul> <p>Submit reports of activities on EWE and health under NPCCHH</p> |
| <b>MO</b>  | <ul style="list-style-type: none"> <li>• Conduct health facility-based IEC activities</li> <li>• Support community level IEC activities</li> <li>• Preparation of Disaster Management Plans and hospital safety plan</li> <li>• Assessment of health facility in context of climate change-extreme weather events</li> <li>• Identifying structural changes/retrofitting measures at the facility level to equip the healthcare facility</li> <li>• Ensuring routine monitoring and maintenance of support functions (Water quality, waste management)</li> <li>• Health facility preparedness for seasonal events.</li> <li>• Coordinate, plan and involve PRI before, during and after extreme weather events</li> </ul>  |

# Health Action Plan on Vector-borne Illnesses in Context of Climate Change



## Introduction

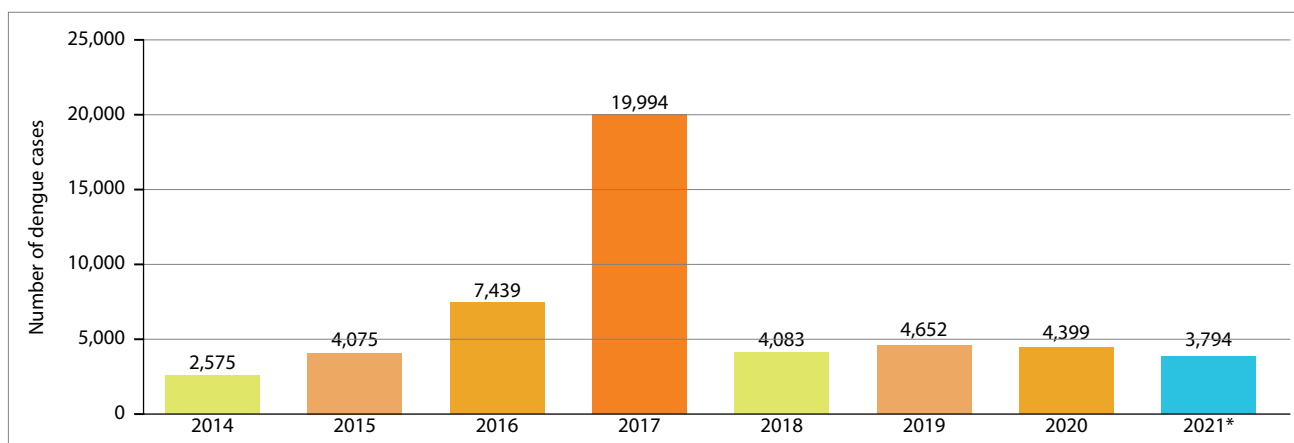
### Vector Borne Diseases and Vulnerable Districts

Instances of vector borne diseases like dengue, malaria, Japanese encephalitis, scrub typhus etc. have seen a marked increase in many districts of the state adding to the morbidity and mortality. Transmitted by Aedes mosquitoes, dengue is a fast-growing challenge, particularly in the coastal areas of Kerala in recent years. Female Aedes aegypti mosquito, vector of dengue, chikungunya, and zika are highly sensitive to climate conditions. Any disease caused, transmitted, or harboured by insects, snails, and other cold-blooded animals can be affected by a changing climate e.g., lyme disease and tick-borne encephalitis, salmonella, and other food borne infections. Change in pattern of infectious disease with reference to the climatic factors is expected in coming years in the state. Considering the geography of the state, people living in coastal regions, water logged areas, and hilly areas are all particularly vulnerable in different ways.

### Dengue

Dengue has now become the single largest vector borne disease in the state, endemic in all the districts. Till 2015, the disease was more prevalent in districts like Thiruvananthapuram, Kollam, Kottayam, Pathanamthitta, Kozhikode and Malappuram. But in 2017, all the districts reported dengue in large numbers. The main reason for this wide spread distribution is believed to be due to the changes in the environmental factors causing proliferation of the dengue vector-Aedes mosquitoes. During the rainy seasons, survival of

**Figure 7: Number of dengue cases across Kerala in India from 2014–2021**





the virus increases which leads to outbreak of the disease all most throughout the state. The below table shows number of dengue cases reported in Kerala between 2015–2021.

Majority of dengue fever cases in 2017 was reported in the Trivandrum district with 8955 confirmed cases. This was followed by Kollam district which lies close to Trivandrum with 2857 confirmed cases. In 2021 Ernakulam and Trivandrum districts reported the majority of cases with 945 and 485 cases respectively.

## Leptospirosis

The only epidemic-prone infection which can be transmitted directly from contaminated water is leptospirosis, a zoonotic bacterial disease. In 2012-13 a major epidemic of Leptospirosis occurred affecting most of the northern districts, following which the disease has become endemic in Kerala. Transmission occurs through contact of the skin and mucous membranes with water, damp soil or vegetation or mud contaminated with rodent urine. The occurrence of flooding after heavy rainfall facilitates the spread of the organism due to the proliferation of rodents which shed large amounts of leptospirosis in their urine. In 2020, there were 568 cases and 19 deaths reported up to August 2020. District wise number of patients treated and death reported affecting Leptospirosis in 2019-20 and 2020-21 are given below.

**Figure 8: District wise number of patients treated and death reported- Leptospirosis**

| District       | 2019-20          |                | 2020-21          |                |
|----------------|------------------|----------------|------------------|----------------|
|                | Patients treated | Death reported | Patients treated | Death reported |
| Trivandrum     | 220              | 10             | 122              | 6              |
| Kollam         | 68               | 6              | 34               | 3              |
| Pathanamthitta | 78               | 1              | 69               | 0              |
| Alappuzha      | 188              | 4              | 74               | 1              |
| Kottayam       | 80               | 3              | 60               | 2              |
| Idukki         | 22               | 1              | 12               | 0              |
| Ernakulam      | 41               | 4              | 11               | 0              |
| Thrissur       | 16               | 9              | 10               | 1              |
| Palakkad       | 55               | 2              | 9                | 1              |
| Malappuram     | 129              | 3              | 18               | 0              |
| Kozhikkode     | 168              | 6              | 25               | 2              |
| Wayanad        | 83               | 7              | 108              | 3              |
| Kannur         | 42               | 1              | 14               | 0              |
| Kasaragod      | 21               | 0              | 2                | 0              |

**Source:** Directorate of Health Services

## Chikungunya

According to the WHO, Chikungunya has been identified in over 60 countries in Asia, Africa, Europe and the Americas. Believed to have originated in the remote islands in Arabian Sea in 2005-06, it spread rapidly over Kerala within the next two years, affecting more than 80 per cent of the population. Fortunately, the disease is fading out, and has resulted in life long immunity for the affected population, a blessing in disguise. The virus is transmitted from human to human by the bites of infected female mosquitoes. Most commonly, the mosquitoes involved are *Aedes aegypti* and *Aedes albopictus*. The past few years have seen only sporadic cases in Kerala. The below table gives the total number of confirmed cases of Chikungunya in Kerala. In 2021, out of 334 cases in the state 315 cases were reported from Trivandrum district.

**Table 22: Total number of chikungunya cases in recent years**

| State  | 2017  | 2018  | 2019  | 2020  | 2021  | 2022 (till May 31) |
|--------|-------|-------|-------|-------|-------|--------------------|
| Kerala | Cases | Cases | Cases | Cases | Cases | Cases              |
|        | 74    | 77    | 109   | 752   | 334   | 26                 |

Source: National Centre For Vector Borne Disease Control.

## Malaria

Malaria is caused by Plasmodium parasites. The parasites are spread to people through the bites of infected female Anopheles mosquitoes. Though Kerala had eliminated the disease in early 1970s, Malaria has now re-emerged as a public health challenge. The problem is recently aggravated due to the presence of large-scale population movement from malaria endemic states. Rapid urbanisation, extensive infrastructure development in many districts, uncontrolled construction works in urban area, and climate related changes in life cycle of mosquitoes remain big hurdles. Annual cases of malaria in Kerala are less than 2,000 and the number of deaths reported is also very low, but the major issue here is the increase in foci of indigenous malaria. Thiruvananthapuram, Kollam, Kozhikode, Malappuram, and Kannur districts have pockets of indigenous malaria over the past few years. Kasaragod district is persistently having high number of malaria cases, over many years, because of its proximity to the highly endemic districts of Karnataka. Movement of fishermen along the western coast of Kerala is a potential threat for the spread of malaria along the coastal districts. In 2021, Ernakulam and Trivandrum districts reported the maximum cases with 41 and 39 cases respectively. The below table gives total number of Malaria and deaths in Kerala.

**Table 23: Total number of malaria cases in recent years**

| State  | 2017  |        | 2018  |       | 2019  |       | 2020  |       | 2021  |       |
|--------|-------|--------|-------|-------|-------|-------|-------|-------|-------|-------|
| Kerala | Cases | Deaths | Cases | Death | Cases | Death | Cases | Death | Cases | Death |
|        | 1194  | 2      | 908   | 2     | 656   | 1     | 268   | 1     | 309   | 1     |

Source: <http://www.kerennis.nic.in/> and DHS

## Japanese Encephalitis, Acute Encephalitis Syndrome

Japanese Encephalitis (JE), a mosquito borne zoonotic viral disease is one of the causes under AES. The outbreak of JE usually coincides with the monsoon and post monsoon period when the density of mosquitoes increases while encephalitis due to other viruses specially entero-viruses occurs throughout the year as it is a water borne disease.

**Table 24: Total number of JE cases in recent years**

| Disease      | 2018  |       | 2019  |       | 2020  |       | 2021  |       |
|--------------|-------|-------|-------|-------|-------|-------|-------|-------|
|              | Cases | Death | Cases | Death | Cases | Death | Cases | Death |
| AES (Sus JE) | 28    | 15    | 49    | 7     | 15    | 4     | 36    | 1     |
| JE           | 5     | 2     | 11    | 2     | 0     | 0     | 0     | 0     |

Source: IDSP, DHS

## Scrub Typus

Scrub typhus is a mite-borne infectious disease caused by *Orientia tsutsugamushi* (previously called *Rickettsia tsutsugamushi*). Scrub typhus is manifested clinically by high fever, intense generalized headache, diffuse myalgias, and, in many patients, rash and an eschar at the site of the chigger bite. The diagnosis is suggested by the clinical history (including visit to an endemic area) and physical findings and confirmed by serologic testing or biopsy of an eschar. 423 cases of scrub typhus was reported in the year 2020, and 438 cases were reported in 2021. In both these years three out of four cases got reported from Trivandrum district.

**Table 25: Total number of Scrub type us cases in recent years**

| Disease       | 2018  |       | 2019  |       | 2020  |       | 2021  |       |
|---------------|-------|-------|-------|-------|-------|-------|-------|-------|
|               | Cases | Death | Cases | Death | Cases | Death | Cases | Death |
| Scrub type us | 400   | 6     | 579   | 14    | 423   | 8     | 438   | 6     |

**Source:** IDSP, DHS

## Lymphatic Filariasis

Two important strategies coined for elimination of Lymphatic Filariasis is to reduce the transmission of Lymphatic Filariasis and to prevent the morbidity and disability of already affected people with lymphoedema and hydrocele. As a part of it, Kerala is conducting Annual Mass Drug Administration Programme since 2004 so as to enable the state to achieve reduction in Lymphatic Filariasis transmission in 9 out of 11 endemic districts. Pathanamthitta, Idukki and Wayanad are the non-endemic districts. In addition to MDA, migrant screening is an important activity in all districts that have completed MDA programme, to prevent the resurgence.

## Kala azar

**Visceral leishmaniasis**, also known as kala-azar is fatal if left untreated in over 95% of cases. It is characterized by irregular bouts of fever, weight loss, enlargement of the spleen and liver, and anaemia. Most cases occur in Brazil, East Africa and in India. When Kannur district reported a single case of Kala azar in 2020, another case was reported in 2021 from the Palakkad district.

## Kyasanur Forest Disease (KFD)

KFD is a tick-borne viral haemorrhagic fever endemic in Karnataka state. It is also referred as monkey fever by local people. During 2012-13, disease was reported from new districts and new states in India. These include Chamarajanagar district of Karnataka, Wayanad and Malappuram districts of Kerala and Nilgiri district in Tamil Nadu. Also, 29 cases of KFD got reported in Kerala and 4 cases got reported at Wayanad district in 2021.

## Districts vulnerable to VBD

**Table 26: The Priority Districts for Vector Borne diseases (according to Prevalence in the past years)**

| Name of Disease | Priority districts   |
|-----------------|--|
| Malaria         | Kasaragod, Kozhikode, Ernakulam, Thrissur, Malappuram and Kannur       |
| Dengue          | Thiruvananthapuram, Kollam, Palakkad, Alappuzha, Malappuram, Kozhikode |
| Chikungunya     | Thiruvananthapuram, Thrissur   |
| JE              | Kozhikode, Thrissur  |
| Kala azar       | Malappuram, Kollam, Kannur, Thrissur                                   |
| Scrub typhus    | Thiruvananthapuram, Wayanad, Kozhikode, Kollam                         |
| West Nile       | Kozhikode, Malappuram  |
| KFD             | Wayanad, Malappuram  |

## Role of Health Sector

1. Programme Officer for National Programs for control of vector borne diseases (NVBDCP) must consider climate variability as an important factor for assessment of morbidity and mortality statistics and develop/adapt health micro-plan based on recent VBD diseases trend in integration with NPCCHH Programme
2. Map vulnerabilities: population at risk, geo-climatic conditions, seasonal variation, change in population demography, migration (in & out), available resources, healthcare infrastructure, laboratories, etc.
3. Strengthen/Develop active and passive surveillance and establish sentinel sites for vector borne diseases.
4. Capacity building and increasing awareness for individuals, communities, health care workers through involvement of various media as well as campaigns and training workshops.
5. Develop or translate IEC on effects of climate change on VBDs in local language, and make a communication plan for dissemination of health-related alerts/education materials.
6. Ensure Emergency response Plan in case of any disaster or an outbreak.
7. Early warning system for vector borne diseases.

## Coordination with other sectors for reducing Zoonotic diseases

(As per the suggested sectors in the NVBDCP)

- ▶ Inter-sectoral collaboration for vector control
- ▶ Providing equipment and other related logistics for control of vectors
- ▶ Elimination and reduction of vector breeding sites.
- ▶ Encourage research on new safe and effective control measures

### Intervention by veterinary task force

- ▶ Prevention and control of animal diseases and zoonoses
- ▶ Vaccination of animals & control on population of stray animals
- ▶ Safe destruction of carcasses and other material of animal origin
- ▶ Piggeries must be protected with mosquito nets
- ▶ Involve in surveillance, epidemiological investigation of VBDs
- ▶ The care of 'food animals', including collection, feeding, sheltering, slaughtering etc.

### Intervention by Community & Individual

- ▶ Eliminate/control small & manmade vector breeding sites
- ▶ Make barriers for human dwellings to keep stray animals away from human dwellings by fencing the residential areas especially if in approximation to forests etc.
- ▶ House protection by using screening windows, doors and fencing the garden etc.
- ▶ Use self-protection measures like protective clothing etc.

### Mechanism of Generation of Alert system for the outbreak of Vector Borne diseases

Early Warning Signals recognized by Syndromic, presumptive and laboratory surveillance and vector surveillance will be utilised for generating alert system for the outbreaks.

### Awareness generation on the health impacts of VBDs

1. Advertisement and promotion through IEC:
  - i. Street plays
  - ii. Notices, Posters, Hoards, billboards, as and other advertisement modes
  - iii. Arogya sandesayathra
  - iv. Press releases, press conferences

As per the above suggested, IEC dissemination plan to be included

2. Trainings
  - For doctors and paramedical staff  
Awareness classes to people's representatives, teachers, students, other dept staff, NGOs and Asha workers, health squads
3. Carry out awareness cum action campaigns
4. Promote a culture of risk prevention, mitigation, and better risk management
5. Promote attitude and behavior change in the awareness campaigns linking air pollution and climate change.
6. Engage local and regional media (community radio, TV)
7. Observation of Day/Week/Month with respect to VBDs.

## Capacity Building

### Strengthening of surveillance related to Vector-Borne illnesses

Data collection and analysis are being conducted through IDSP and NVBDCP staff from sub centre level to the state level.

**EWARS:** Under EWARS, 3 districts has been identified in the state, to pilot activities and data regarding dengue reporting in the web based data collection. Through the data analysis from the EWARS data base, dengue outbreaks can be predicted and measures can be obtained to prevent these outbreaks. The programme will collaborate with NCDC Kozhikkode, NIV ICMR, Alappuzha, IMD to develop EWARS for leptospirosis and scrub typhus in the state.

**Operational Research** on climate change and VBDs with the support of NVBDCP and other potential stakeholders.

**Table 27: IEC dissemination plan under NPCCHH for VBD**

| Key Messaging   | IEC material       | Medium of Dissemination   | Frequency  | Timeline                                   | Budget (year wise) in Lakhs |         |         |         |         |
|-----------------|--------------------|---|--|--|-----------------------------|---------|---------|---------|---------|
|                 |                    |   |  |  | 2022-23                     | 2023-24 | 2024-25 | 2025-26 | 2026-27 |
| HCF level       | Posters            | Wall posters, Board posters, Wall painting                                    | 1-2 at each HF<br>1-2 at each HF<br>1-2 at each HF | Throughout the year                        | 1                           | 2       | 3       | 4       | 5       |
|                 | Audio clips        | Audio clips broadcasted on mass media & social media platform on relevant CSI | 1-2  | May-August (pre monsoon & Monsoon season ) | 1                           | 2       | 3       | 4       | 5       |
|                 | Videos             | Video clips broadcasted mass media & social media platform on relevant CSI    | 1-2  | May - August                               | 1                           | 2       | 3       | 4       | 5       |
|                 | Outdoor activities | Advertisement on buses  | 5 -10 per district                                 | Throughout the year                        | 1                           | 2       | 3       | 4       | 5       |
| Community Level | Awareness meetings | At community gatherings   | 3-4 per year/ district                             | Festival, VHSND etc.                       | 1                           | 2       | 3       | 4       | 5       |
|                 | Rallies            | Community engagement or volunteering  | 2-3 per year/ district                             | Relevant days eg; World environment Day    | 1                           | 2       | 3       | 4       | 5       |
|                 | Competitions       | Quiz, poster designing etc  | 2-3 per year/ district                             | Relevant days eg; World environment Day    | 1                           | 2       | 3       | 4       | 5       |

## International and national Environmental related dates will be celebrated to create the awareness

In order to inspire others to take actions on climate change, it is important to increase environmental awareness. One way to do so is by encouraging people to observe and promote the different environmental events and world day campaigns that are scheduled globally and nationally throughout the year. Following key days will therefore be celebrated in the state:

**Table 28: Important days to be observed under the programme**

| Key Days                             | Date         | Activities  | Budget |
|--------------------------------------|--------------|---|--------|
| World Malaria Day                    | April 25     | Awareness Talks, Ralleys, Source reduction Activities | 1 lakh |
| World Dengue Day                     | May 16       | Awareness Talks, Ralleys, Source reduction Activities | 1 lakh |
| World Environment Day                | June 5       | Awareness talks, sapling planting                     | 1 lakh |
| World Environment Health Day         | September 26 | Awareness talks, environment clean up campaigns       | 1 lakh |
| International Day for Climate Action | October 24   | Awareness talks, Climate action pledges               | 1 lakh |

## Capacity Building

### Medical professional training

- Expanded training of doctors and associate staff
- Increased training of NGOs and ASHA workers

**Table 29: Capacity Building plan under NPCCHH programme**

| Training Programme            | Duration of Trainings | Refresher Training schedule | Prioritized districts | Budget (year wise) in Lakhs |    |    |    |    |
|-------------------------------|-----------------------|-----------------------------|-----------------------|-----------------------------|----|----|----|----|
|                               |                       |                             |                       | Y1                          | Y2 | Y3 | Y4 | Y5 |
| Medical Officers              | 3 days                | 1 day                       | All districts         | 14                          | 14 | 14 | 14 | 14 |
| Community Health care workers | 2 days                | 1 day                       | All districts         | 7                           | 7  | 7  | 7  | 7  |
| Panchayati Raj Institutions   | 1 day                 |                             | All districts         | 14                          | 14 | 14 | 14 | 14 |

# Action Plan for Green and Climate Resilient Health Care Facilities



'Resilience' may be defined as the "capacity of a social-ecological system to cope with a hazardous event or disturbance, responding or reorganizing in ways that maintain its essential function, identity, and structure, while also maintaining the capacity for adaptation, learning and transformation." Accordingly, a climate resilient health system may be defined as the one that is capable to anticipate, respond to, cope with, recover from and adapt to climate-related shocks and stress, so as to bring sustained improvements in population health, despite an unstable climate. (WHO, 2015)

To strengthen the healthcare system in the state and make it resilient, the state will engage in following

- a) Undertake reviews of the State's health infrastructure and potential climate change related vulnerabilities and risks (and where such infrastructure is found to be at high risk, retrofit to make these more climate resilient), for example prepare contingency plans for alternative methods of energy generation during electricity blackouts in health facilities.
- b) Set up early warning systems and emergency response to deal with climate induced extreme weather events like floods, storm surges, cyclones, heat waves, droughts etc.
- c) Set up systems of effective monitoring the spread of infectious diseases, heat stress and air pollution and setting up of early warning systems and health advisories.
- d) Undertake measures to manage increased vector borne and water borne disease burden.
- e) Design and deploy improved approaches to deal with heat and wave conditions.
- f) Set up mechanisms to deal with the physical and psychological impacts post-extreme weather events.
- g) Inter sectoral collaboration in addressing floods, drought, malnutrition, and food security issues.
- h) Addressing food safety arising due to increased ambient temperature and extreme events.
- i) Create awareness in public on the health hazards from climatic change.
- j) Produce Information Education and Communication and Behavioral Change Communication material on disease/risk specific contexts like air pollution, floods, droughts etc.
- k) Build capacity among the health professionals through trainings and sensitization programs.
- l) All medical and paramedical staff to be sensitized and have to accept responsibility for taking action to mitigate climate change. Capacity building and training of the all-medical personnel of districts including the frontline functionaries and personnel associated with various programs such as the Integrated Disease Surveillance Program (IDSP), Sentinel Surveillance on Acute Respiratory Incidence (ARI) etc. in the State to identify the early signs of extreme climatic effects on the population.



- m) Developing and strengthening of disaster management teams in every district hospital specifically to respond to the effect of extreme climate changes.

## **Green (Environmentally friendly and sustainable measures) and Climate Resilient infrastructure**

Initial activities considered on adoption of Green and Climate Resilient healthcare facilities infrastructures are as following:

### **1. Energy Auditing of the Healthcare Facilities for Energy Efficiency level in the HCFs (Carbon Emissions Reduction Measures from health sector)**

- ▶ The Healthcare Facilities is one of the major contributors to energy consumption and greenhouse gases (GHG) emissions. The fundamental goal of energy management is to produce goods and provide services with the least cost and least environmental effect.
- ▶ The scope of the activity would be the identification of energy saving schemes in the facility along with the cost-benefit analysis. The study would cover field measurements and data analysis to identify saving possibilities in the utilities. All the level of Healthcare facilities (PHC and above) will be considered for conducting the energy audit.

### **2. Replacement of existing (non-LED) lighting with LED in Healthcare Facilities (Energy Efficiency Measures to reduce carbon emissions HCFs)**

- ▶ LEDs use one-third of the energy consumed by fluorescents, and their lifespan is five years longer. By making the switch to LEDs, hospitals and health systems can minimize maintenance costs, improve quality of lighting, and reduce emissions.
- ▶ So, in order to reduce the carbon emission Healthcare facilities (PHC and above) to preferably utilize LED in Healthcare Facilities.

### **3. Installation of Solar Panels in Healthcare Facilities**

- ▶ Health-care facilities can significantly cut greenhouse gas emissions and energy costs over time by using alternative forms of clean and renewable energy – such as solar energy.
- ▶ For hospitals, alternative energy means an initial investment with potential savings later on. For regions that have no access to electricity, alternative energy sources can fuel primary health-care facilities in even the most remote areas.
- ▶ Finally, alternative sources of energy give health facilities an advantage in terms of disaster preparedness, since alternative energy sources are less vulnerable to disruption than traditional fossil fuel systems.

### **4. Install Rainwater Harvesting System in Healthcare Facilities**

- ▶ Rainwater harvesting (RWH) is promoted as a climate change adaptation measure to relieve urban water supply and drainage pressures. Rainwater harvesting for healthcare facilities has the potential to save thousands of litres of mains water every year. This turn can result in substantial cost savings and of course contribute to alleviating stormwater run-off.

## 5. Retrofitting Healthcare Facility Infrastructure (Climate/Disaster resilient) in Districts as per IPHS guidelines

- ▶ A climate resilient healthcare system is one that ensures an adaptive framework that helps it respond adequately and appropriately in the event of an acute climatic event.
- ▶ Health care facilities need to take effective measures to withstand the impacts of increasing extreme weather events and other climate-related hazards such as higher temperatures, increasing precipitation over longer periods of time (causing increased flooding), intense but short-lived rainfall (causing flash flooding), decreasing precipitation (affecting places where rainwater harvesting contributes to the water supply systems of health care facilities), and higher winds and storms.
- ▶ Thus, with climate change increasing the risk of severe impacts on health care facilities and placing complex, multifaceted and unpredictable demands on health systems, all new investments in the health sector should contribute to building resilience to climate change.

## Green & Climate Resilient Healthcare Infrastructure

**Table 30: Green & Climate Resilient Healthcare Infrastructure plan and budget under the programme**

| Activities                                   | Unit Cost  | Target   |  |  |  |   |
|--|--|--|--|--|--|---|
|  |  | 2022-23  | 2023-24  | 2024-25  | 2025-26  | 2026-27   |
| Energy auditing in Healthcare Facilities     | @ Rs.10,000 for PHC @Rs. 30,000 for CHC @ Rs. 1,00,000 for DH      | 100% of the districts in which 20% of health care facilities done energy audit                                 | 100% of districts in which 35% of health care facilities done energy audit                                 | 100% of districts in which 50% of health care facilities done energy audit                                 | 100% of districts in which 75% of health care facilities done energy audit                                 | 100% of districts in which 100% of health care facilities done energy audit                                 |
| Replace existing lighting (Non-LED) with LED | @ Rs. 25000 for PHC @Rs. 75000 for CHC @ Rs. 2,00,000 for DH       | 100% of the districts in which 10% of health care facilities have replaced existing lighting facility with LED | 100% of districts in which 30% of health care facilities have replaced existing lighting facility with LED | 100% of districts in which 50% of health care facilities have replaced existing lighting facility with LED | 100% of districts in which 75% of health care facilities have replaced existing lighting facility with LED | 100% of districts in which 100% of health care facilities have replaced existing lighting facility with LED |
| Installation of Solar Panels                 | @ Rs.2,00,000 for PHC @Rs. 5,00,000 for CHC @ Rs. 10,00,000 for DH | 20% of the districts in which 5% of health care facilities have installed solar panel                          | 35% of districts in which 20% of health care facilities have installed solar panel                         | 50% of districts in which 50% of health care facilities have installed solar panel                         | 75% of districts in which 75% of health care facilities have installed solar panel                         | 100% of districts in which 100% of health care facilities have installed solar panel                        |
| Install Rainwater Harvesting System          | @ Rs.1,00,000 for PHC @Rs. 2,00,000 for CHC @ Rs. 3,00,000 for DH  | 100% of the districts in which 5% of health care facilities installed rain water harvesting system             | 100% of districts in which 30% of health care facilities installed rain water harvesting system            | 100% of districts in which 50% of health care facilities installed rain water harvesting system            | 100% of districts in which 75% of health care facilities installed rain water harvesting system            | 100% of districts in which 100% of health care facilities installed rain water harvesting system            |

| Activities  | Unit Cost                          | Target   |  |   |  |   |
|---|------------------------------------|--|--|---|--|---|
|   |                                    | 2022-23  | 2023-24  | 2024-25   | 2025-26  | 2026-27   |
| Retrofitting Healthcare Facility Infrastructure (Climate/ Disaster resilient) in Districts as per IPHS guidelines | @ 5,00,000 per Healthcare facility | 10% Districts with at least one climate resilient healthcare facility complying IPHS guideline | 20% Districts with at least two climate resilient healthcare facility complying IPHS guideline | 50% Districts with at least five climate resilient healthcare facility complying IPHS guideline | 75% Districts with at least ten climate resilient healthcare facility complying IPHS guideline | 100% Districts with at least ten climate resilient healthcare facility complying IPHS guideline |

By these short-term and long-term activities, the state plans to promote green hospitals utilizing natural resources in an energy efficient manner. Main focus is to reduce energy consumption and reduce CO<sub>2</sub> emission. Optimum use of solar energy, maximizing day light and optimizing artificial lighting requirement with low energy LED lighting and task lights, maximizing cross ventilations, maintaining indoor gardens, safe handling and disposal of hospital wastes, waste recycling and purchasing products which are environmentally friendly and safe, incorporating measures in building design for making it climate resilient, promoting technologies which reduce harmful chemicals emission and carbon foot-print and more use of energy-efficient equipment and services. The plan for greening hospitals will be incorporated to Chief Minister's Aardram Mission to make hospitals people's friendly.



The background features a vibrant yellow-to-orange gradient at the top, transitioning into a blue gradient at the bottom. Overlaid on this are several faint, semi-transparent gears and a large pie chart, symbolizing industry and budgeting. The text is centered on the blue portion of the background.

# **PART III**

## **Budget**





# CHAPTER 11

## Budget

| Sl. No.                     | Activities   | Indicator   | Budget (in lakhs) for 5 year with 20% increase every year |        |        |        |        | Target for five years 22-27 |        |        |        |        |
|-----------------------------|--|---|---|--------|--------|--------|--------|-----------------------------|--------|--------|--------|--------|
|                             |  |   | Year 1  | Year 2 | Year 3 | Year 4 | Year 5 | Year 1                      | Year 2 | Year 3 | Year 4 | Year 5 |
| <b>Programme management</b> |  |   |   |        |        |        |        |                             |        |        |        |        |
| 1                           | Task force meeting to draft health sector plan for heat and air pollution sensitization workshop/ meeting of the state programme Officers and District level Health Officers | % State Task Force Quarterly Meetings conducted in a year               | 29  | 34.8   | 41.76  | 50.11  | 60.13  | 25%                         | 50%    | 75%    | 100%   | 100%   |
|                             |  | % Districts conducted quarterly District Task Force Meetings in a year  |   |        |        |        |        | 20%                         | 40%    | 60%    | 80%    | 100%   |
| 2                           | Planning M&E, Surveillance, Research, Review, Evaluation (SRRE)  |   |   |        |        |        |        | 50%                         | 75%    | 100%   | 100%   | 100%   |
| <b>General Awareness</b>    |  |   |   |        |        |        |        |                             |        |        |        |        |
| 3                           | Development of IEC material, campaigns, Innovative IEC/BCC Strategies  | % of Districts implemented IEC campaign on all climate sensitive issues | 44  | 52.8   | 63.36  | 76     | 91.2   | 50%                         | 100%   | 100%   | 100%   | 100%   |
|                             |  | % Districts included climate sensitive issues in the VHSNCs             |   |        |        |        |        | 50%                         | 100%   | 100%   | 100%   | 100%   |

| Sl. No.                                   | Activities  | Indicator  | Budget (in lakhs) for 5 year with 20% increase every year |        |        |        |        | Target for five years 22-27                           |   |   |   |   |
|---|---|--|---|--------|--------|--------|--------|---|---|---|---|---|
|   |   |  | Year 1  | Year 2 | Year 3 | Year 4 | Year 5 | Year 1  | Year 2  | Year 3  | Year 4  | Year 5  |
| <b>Capacity Building</b>                  |   |  |   |        |        |        |        |   |   |   |   |   |
| 4   | Orientation/ Training/ Capacity Building of healthcare staffs         | % of Districts completed TOT   | 23  | 27.6   | 33.12  | 39.74  | 47.68  | 100%  | 100%  | 100%  | 100%  | 100%  |
|   |   | % of Medical Officers trained in Districts   |   |        |        |        |        | 50%   | 80%   | 100%  | 100%  | 100%  |
|   |   | % of health workers and ASHA/AWW trained on NPCCHH in District   |   |        |        |        |        | 30%   | 50%   | 70%   | 100%  | 100%  |
|   |   | % of targeted sensitization trainings planned for vulnerable population in district (PRI Training)                         |   |        |        |        |        | 50% of district having trained 10% of pop             | 80% of district having trained 30% of pop             | 80% of district having trained 50% of pop             | 100% of district having trained 80% of pop            | 100% of district having trained 100% of pop             |
| <b>Strengthening of the health system</b> |   |  |   |        |        |        |        |   |   |   |   |   |
| 5   | Adoption of Green/ Environment Friendly Measures in health facilities | <i>Energy Audit:</i> % of healthcare facilities per district per year that have conducted energy audit                     | 72.3  | 86.76  | 104.1  | 124.9  | 149.88 | 20% of district covering 20% of healthcare facilities | 35% of district covering 35% of healthcare facilities | 50% of district covering 50% of healthcare facilities | 75% of district covering 75% of healthcare facilities | 100% of district covering 100% of healthcare facilities |
|   |   | <i>LED Lighting:</i> % of healthcare facilities per year that installed solar panel  |   |        |        |        |        | 10% of district covering 10% of healthcare facilities | 20% of district covering 20% of healthcare facilities | 50% of district covering 50% of healthcare facilities | 80% of district covering 80% of healthcare facilities | 100% of district covering 100% of healthcare facilities |
|   |   | <i>Solar Panel:</i> % of healthcare facilities per district per year that installed solar panel                            |   |        |        |        |        | 20% of district covering 5% of healthcare facilities  | 35% of district covering 10% of healthcare facilities | 50% of district covering 40% of healthcare facilities | 80% of district covering 70% of healthcare facilities | 100% of district covering 100% of healthcare facilities |
|   |   | <i>Rain water harvesting:</i> % of healthcare facilities per district per year that installed rain water harvesting system |   |        |        |        |        | 10% of district covering 5% of healthcare facilities  | 30% of district covering 10% of healthcare facilities | 50% of district covering 20% of healthcare facilities | 80% of district covering 50% of healthcare facilities | 100% of district covering 100% of healthcare facilities |

**Note:** Year 1 = FY 2022-23; Year 2 = FY 2023-24; Year 3 = FY 2024-25; Year 4 = FY 2025-26; Year 5 = FY 2026-27.





# Annexures

## Annexure 1: Notification of State Level Task Force

G.O.(Ms)No.179/2021/H&FWD

**STATE LEVEL TASK FORCE**

Principal Secretary  
Director of Health Services  
Public Health Expert from State Health Department  
Director, ICMR Institute/Centre  
Director, Meteorological Dept of State  
Chairman, Pollution Control Board  
Chairman, State Disaster Management Authority  
State Surveillance Officers  
Environmental Engineer/Scientist from MOEFCC  
Secretary, Agriculture Department  
Secretary, State Ground Water Board

Chairman  
Vice Chairman  
Nodal Officer  
Member  
Member  
Member  
Member  
Member  
Member  
Member  
Member

(By Order of the Governor)

**Dr. RAJAN N KHOBRAGADE**  
PRINCIPAL SECRETARY TO GOVT.

To

The Director of Health Services , Thiruvananthapuram  
Mission Director, National Health Mission  
Director, Medical Education, Thiruvananthapuram  
Regional Director, H& FW  
Public Health Expert from State Health Department  
Director, ICMR Institute/Centre  
Director, Meteorological Dept of State  
Chairman, Pollution Control Board  
Chairman, State Disaster Management Authority  
State Surveillance Officers  
Environmental Engineer/Scientist from MOEFCC  
Secretary, Agriculture Department  
Secretary, State Ground Water Board  
The Principal Accountant General (Audit), Kerala, Thiruvananthapuram .  
The Accountant General (A&E), Kerala, Thiruvananthapuram.  
The Information & Public Relations Department (Web and news media)  
Stock File/Office Copy

Forwarded/By Order

Section Officer

Copy to : P S to the Hon'ble Minister, Health & Women-Child Development  
P A to Principal Secretary to Health Department  
C A to Joint Secretary, Health & FWD.

## Notification of SNO-NPCCHH appointment

### PROCEEDINGS OF THE DIRECTOR OF HEALTH SERVICES, THIRUVANANTHAPURAM

Sub:- Nominating State Nodal Officers for ARI Surveillance -  
Orders issued.

Read:- Submission No.CA(PH) 44/2019/DHS dated, 28/09/2019.

ORDER NO.PH3-80532/2019/DHS DATED: 01/10/2019

As per paper read above, Addl. Director of Health Services (PH) has requested to nominate a State Nodal Officer for Acute Respiratory Illness Surveillance and suggested Dr.Manu.M.S.

Hence examined the matter in detail and Dr.Manu.M.S, Junior Consultant, Respiratory Medicine, STDC, Thiruvananthapuram has been nominated as State Nodal Officer for ARI Surveillance System.

Sd/-  
Dr.SARITA.R.L  
Director of Health Services

To  
Dr.Manu.M.S,  
Junior Consultant,  
STDC, Thiruvananthapuram.

Copy to: 1. CA to Director of Health Services  
2. CA to Addl. DHS (PH)  
3. File/Stock file.

// Forwarded //

  
SUPERINTENDENT

sj 01/10.

357336

GOVERNMENT OF KERALA

Scanned by CamScanner

## Notification of Environmental Health Cell formation

PROCEEDINGS OF THE DIRECTOR OF HEALTH  
SERVICES, THIRUVANANTHAPURAM

Sub :- Preparation of State Action Plan on Climate Change - Formation of  
Environmental Health Cell-Orders Issued

Read:- Note NO. CA (PH) 40/2019/DHS , Date- 28.09.2019

ORDER NO. PH3 -80760/2019/DHS, DATED- 01.10.2019

As per paper read above it is decided to form an Environmental  
Health Cell for the preparation of State Action Plan on Climate Change in  
Human Health.

Hence <sup>Sanction</sup> ~~sanction~~ is here by issued to form an Environmental  
Health Cell for the preparation of State Action Plan on Climate Change in  
Human Health with member as per list appended.

Sd/-

Dr. Sarita R.L  
Director of Health Service

To:-

The Member

Copy to:-

1. CA to DHS
2. CA to Additional DHS (PH)
3. File/ Stock file.

// Forwarded//

*[Signature]*  
Superintendent

Filing to Kerala State

ANNEXURE

Scanned by CamScanner

## Annexure 2: Quarterly Progress Report, National Programme on Climate Change and Human Health

| Name of the State  | Name of the State Nodal Officer (SNO)                   | Quarter Period   |
|--|---|--|
| O.M. of appointment of State Nodal Officer                       |   | Annexed: (Yes____/No____)                                |
| Postal Address of State Nodal Officer                            |   |  |
| Phone (O) _____(M) _____ E-Mail ID: _____                        |   |  |
| Consultant*  |   |  |
| No. of Consultant permitted                                      | 1 or 2  |  |
| No. of Consultant appointed                                      |   |  |
| O.M. of appointment of Consultant                                | Annexed: (Yes____/No____)                               |  |
| Programme Activities/Deliverable                                 |   |  |
| 1 Constitution of State Governing Body (SGB)                     |   |  |
| A  | If <b>State Governing Body (SGB)</b> constituted?       | Yes____/No____   |
| B  | If Yes, provide O.M. of constitution of SGB             | Annexed: (Yes____/No____)                                |
| C  | SGB meeting held in past quarter                        | Yes____/No____   |
| D  | Minutes of last meeting held                            | Date of Meeting _____/_____<br>Annexed: (Yes____/No____) |
| 2 Formation of State Multisectoral Task Force (SMTF)             |   |  |
| A  | If <b>State Multisectoral Task Force (SMTF)</b> formed? | Yes____/No____   |
| B  | If Yes, provide O.M. of constitution of SMTF            | Annexed: (Yes____/No____)                                |
| C  | SMTF meeting held in past quarter                       | Yes____/No____   |
| D  | Minutes of last meeting held                            | Date of Meeting _____/_____<br>Annexed: (Yes____/No____) |
| 3 Establishment of Environmental Health Cell (EHC)               |   |  |
| A  | If State has established <b>EHC</b> ?                   | Yes____/No____   |
| B  | If Yes, provide O.M. of establishment of EHC            | Annexed: (Yes____/No____)                                |
| C  | If Yes, provide list of members                         | Annexed: (Yes____/No____)                                |
| 4 State Action Plan on Climate Change and Human Health (SAPCCHH) |   |  |
| A  | If State has submitted SAPCCHH?                         | Yes____/No____   |
| B  | If Yes, version number of SAPCCHH                       | No.: _____ Month/Year _____/_____                        |
| 5 Designated District Nodal Officer -Climate Change (DNO-CC)     |   |  |
| A  | If State has identified DNO-CC in all districts?        | Yes____/No____   |
| B  | No of Districts in State/UT                             |  |
| C  | No of Districts appointed DNO-CC                        |  |
| D  | O.M. of appointment of DNO-CC's                         | Annexed: (Yes____/No____), If Yes, No. of Districts_____ |

| <b>6 Formation of District Multisectoral Task Force (DMTF)</b>                      |  |                      |  |   |
|---|--|----------------------|--|---|
| A   | If <b>District Multisectoral Task Force (DMTF)</b> formed?                                     |                      | Yes_____/No_____   |   |
|   | No of Districts appointed DTF  |                      |  |   |
| B   | If Yes, provide O.M. of constitution of DMTF   |                      | Annexed: (Yes_____/No_____), If Yes, No. of Districts_____ |   |
| C   | DMTF meeting held in past quarter  |                      | Yes_____/No_____, If Yes, No of Districts_____             |   |
| D   | Minutes of meeting held in past quarter  |                      | Annexed: (Yes_____/No_____), If Yes, No. of Districts_____ |   |
| <b>7 Capacity Building of State &amp; District Nodal Officers on Climate Change</b> |  |                      |  |   |
| A   | Have the SNO attended the TOT?   |                      | Yes_____/No_____   |   |
| B   | Have the Consultant/s attended the TOT?  |                      | Yes_____/No_____   |   |
| C   | Whether the training has been conducted on Climate Change and Human Health in past quarter for |                      | DNO-CC   | Yes_____/No_____                                    |
|   |  |                      | Medical Officer  | Yes_____/No_____                                    |
|   |  |                      | Health Workers   | Yes_____/No_____                                    |
| D   | No of health care professionals trained in past quarter on Climate change and Human Health     |                      | Health care personnel                                      | No of trained                                       |
|   |  |                      | DNO-CC   |   |
|   |  |                      | Medical Officer  |   |
|   |  |                      | Health Workers   |   |
| E   | <b>Training on Air pollution</b>   |                      | <b>Training on Heat Related Illnesses</b>                  |   |
|   | <b>Health care personnel</b>   | <b>No of trained</b> | <b>Health care personnel</b>                               | <b>No of trained</b>                                |
|   | DNO-CC   |                      | DNO-CC   |   |
|   | Medical Officer  |                      | Medical Officer  |   |
|   | Health Workers   |                      | Health Workers   |   |
| F   | <b>Training on any other Climate issues</b>  |                      | <b>Health care personnel</b>                               | <b>No of trained</b>                                |
|   |  |                      | DNO-CC   |   |
|   |  |                      | Medical Officer  |   |
|   |  |                      | Health Workers   |   |
| G   | No of Sensitization workshop/meeting at State level on CC&HH matters in past quarter           |                      | No.:   | Report Annexed: (Yes_____/No_____)                  |
| H   | No of Sensitization workshop/meeting at District level on CC&HH matters in past quarter        |                      | No.:   | Report Annexed: (Yes___/No___)<br>If Yes, No. _____ |
| I   | Training of Panchayat Raj Institutions in past quarter   |                      | No. of Blocks :  |   |
|   |  |                      | No. of activities held:                                    | Report Annexed: (Yes___/No___)<br>If Yes, No. _____ |

| <b>8 IEC in past quarter</b>   |   |                  |                    |                                   |                              |                  |
|--|---|------------------|--------------------|-----------------------------------|------------------------------|------------------|
| <b>A At Block level in past quarter</b>  |   |                  |                    |                                   |                              |                  |
|  | <b>Pollution</b>  | <b>Total No.</b> | <b>Heat</b>        | <b>Total No.</b>                  | <b>Other Climate issues</b>  | <b>Total No.</b> |
|  | No of audio   |                  | No of audio        |                                   | No of audio                  |                  |
|  | No of video   |                  | No of video        |                                   | No of video                  |                  |
|  | No of social media  |                  | No of social media |                                   | No of social media           |                  |
|  | No of posters   |                  | No of posters      |                                   | No of posters                |                  |
| <b>B At District Level in past quarter</b>   |   |                  |                    |                                   |                              |                  |
|  | <b>Pollution</b>  | <b>Total No.</b> | <b>Heat</b>        | <b>Total No</b>                   | <b>Other Climate -issues</b> | <b>Total No.</b> |
|  | No of audio   |                  | No of audio        |                                   | No of audio                  |                  |
|  | No of video   |                  | No of video        |                                   | No of video                  |                  |
|  | No of social media  |                  | No of social media |                                   | No of social media           |                  |
|  | No of posters   |                  | No of posters      |                                   | No of posters                |                  |
| <b>C At State level in past quarter</b>  |   |                  |                    |                                   |                              |                  |
|  | <b>Pollution</b>  | <b>Total No.</b> | <b>Heat</b>        | <b>Total No</b>                   | <b>Other Climate issues</b>  | <b>Total No.</b> |
|  | No of audio   |                  | No of audio        |                                   | No of audio                  |                  |
|  | No of video   |                  | No of video        |                                   | No of video                  |                  |
|  | No of social media  |                  | No of social media |                                   | No of social media           |                  |
|  | No of posters   |                  | No of posters      |                                   | No of posters                |                  |
| <b>9 Observation of public health days related to Climate Change in past quarter</b> |   |                  |                    |                                   |                              |                  |
| A  | World Environment Day observed?                                       |                  |                    | Yes____/No____/Not Applicable____ |                              |                  |
|  | If Yes, report submitted with details                                 |                  |                    | Report Annexed Yes____/No____     |                              |                  |
| B  | International day of Clean Air and Blue Skies observed?               |                  |                    | Yes____/No____/Not Applicable____ |                              |                  |
|  | If Yes, report submitted with details                                 |                  |                    | Report Annexed Yes____/No____     |                              |                  |
| C  | Other events observed in past quarter                                 |                  |                    | Yes____/No____                    |                              |                  |
|  | If Yes, report submitted with details                                 |                  |                    | Report Annexed Yes____/No____     |                              |                  |
| <b>10 Printing in past quarter</b>   |   |                  |                    |                                   |                              |                  |
| A  | No of Training modules printed in past quarter                        |                  |                    |                                   |                              |                  |
| B  | IEC printed   |                  |                    |                                   |                              |                  |
| C  | Others printed  |                  |                    | Details: Yes____/No____           |                              |                  |
| C  | Articles contributed to NPCCHH Newsletter for past quarter activities |                  |                    | Attached: Yes____/No____          |                              |                  |



| 11 Budget                 |   |   |                 |                         |                            |             |            |                   |
|---------------------------|---|---|-----------------|-------------------------|----------------------------|-------------|------------|-------------------|
| A                         | Total budget sanctioned in ROP for Financial Year (Rs in lakhs)** |   |                 |                         |                            |             |            |                   |
| B                         | Total received by SNO for expenses in FY                          |   |                 |                         |                            |             |            |                   |
| C                         | Total budget spent till the end of past quarter (Rs. in lakhs)    |   |                 |                         |                            |             |            |                   |
| D                         | Total budget distributed to districts (for all the districts)     |   |                 | District-1              | OM Annexed: Yes____/No____ |             |            |                   |
|                           |   |   |                 | District-2              | OM Annexed: Yes____/No____ |             |            |                   |
| <b>At the State level</b> |   |   |                 |                         |                            |             |            |                   |
| Sl. No.                   | FMR code  | Activities  | Budget Received | Quarter I               | Quarter II                 | Quarter III | Quarter IV | Total Expenditure |
| 1                         | 3.3.3.3   | Training of PRI                                       |                 |                         |                            |             |            |                   |
| 2                         | 5.1.1.2.13  | Greening  |                 |                         |                            |             |            |                   |
| 3                         | 9.2.4.9   | Training of MO's, Health workers, Programme Officer's |                 |                         |                            |             |            |                   |
| 4                         | 10.2.14   | Surveillance  |                 |                         |                            |             |            |                   |
| 5                         | 11.4.7  | IEC   |                 |                         |                            |             |            |                   |
| 6                         | 12.17.3   | Printing  |                 |                         |                            |             |            |                   |
| 7                         | 16.1.2.1.23   | Task force Meeting                                    |                 |                         |                            |             |            |                   |
| 8                         | 16.1.2.1.24   | Review of DNO-CCHH with SNO-CCHH                      |                 |                         |                            |             |            |                   |
| 9                         | 16.4.1.5.2  | Consultant-CCHH                                       |                 |                         |                            |             |            |                   |
| <b>Date of submission</b> |   |   |                 | <b>Signature of SNO</b> |                            |             |            |                   |

\*\* The budget approved under ROP of all the States/UT is annexed in Annexure II.

## Annexure 3: IEC

The state uses a handful of IEC BCC strategies to disseminate health education effectively by the social media handles, radio channels, hoardings at public places, video messages, talk shows etc.





# ചൂടുകാലത്തെ കുറുപ്പായി നേരിടാം



തുടർച്ചയായി ഏറെ നേരം വെയിലേൽക്കുന്നത് സൂര്യഘാതം /സൂര്യതാപം എന്നിവയ്ക്ക് കാരണമാകുന്നു..

## പ്രതിരോധ മാർഗങ്ങൾ

- കട്ടി കുറഞ്ഞ, വെളുത്തതോ ഇളം നിറത്തിലുള്ളതോ ആയ അയഞ്ഞ വസ്ത്രങ്ങൾ ധരിക്കുക
- ധാരാളം വെള്ളം കുടിക്കുക
- വെയിലിന് കാഠിന്യം കുടിയ സമയങ്ങളിൽ പുറം ജോലികൾ പരമാവധി ഒഴിവാക്കുക
- ഏറെ നേരം വെയിലേൽക്കേണ്ടിവരുന്ന സന്ദർഭങ്ങളിൽ അടുത്തുള്ള കെട്ടിടങ്ങൾക്കുള്ളിലേക്കോ തണലിലേക്കോ മാറി ഇടയ്ക്കിടെ വിശ്രമിക്കുക
- കുട്ടികൾ ഏറെ നേരം വെയിലത്ത് ചിലവഴിക്കാതിരിക്കാൻ ശ്രദ്ധിക്കുക
- പകൽ സമയങ്ങളിൽ കെട്ടിടങ്ങളുടെ ജനലും വാതിലും തുറന്നിട്ട് വായുസഞ്ചാരം ഉറപ്പാക്കുക





**പുത്തിരിയും പടക്കവും കത്തിച്ച് കയ്യും ദേഹവുമൊക്കെ പൊള്ളിക്കുന്നു ?**

പുത്തിരിയും പടക്കവും കത്തിക്കുമ്പോൾ ഫെള്ളലേൽക്കാതെ സൂക്ഷിക്കുക. വെള്ളവും ഫസ്റ്റ് എയ്ഡ് ബോക്സും തൊട്ടടുത്ത് തന്നെ കരുതുക.



National Programme on Climate Change and Human Health

**ആരോഗ്യ കുടുംബക്ഷേമ വകുപ്പ്  
കേരള സർക്കാർ**





# പുക ശ്വസിച്ചു ശ്വാസം മുട്ടുന്നു ?



പടക്കങ്ങളുടെ പുകയിലുള്ള ലോഹകണികകളും വിഷാവാസുതുകളും മൂക്ക്, വായ, തൊണ്ട എന്നിവിടങ്ങളിൽ അന്വന്ധത, ജലദോഷം, തുമ്മൽ, ചുമ, ആസ്മ, സി ഒ പി ഡി എന്നിവയ്ക്ക് കാരണമാകും.

ആരോഗ്യ കുടുംബക്ഷേമ വകുപ്പ്  
കേരള സർക്കാർ









