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To learn how to  
use antibiotics,  
one must first  
learn when  
**not to use**  
antibiotics



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**Protect yourself,  
your patients and  
your family from  
antibiotic resistance**



**A missed hand hygiene opportunity can  
have consequences for those in your care**



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# Antibiotics are only needed to treat infections caused by bacteria, not viruses

Only prescribe antibiotics when they are clinically indicated



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## **Patients can get infected while receiving healthcare - called 'Healthcare-associated infections' (HAIs)**

HAIs are commonly caused by antibiotic-resistant bacteria, which are difficult to treat

**Lets pledge to take all appropriate actions to protect patients from antibiotic-resistant infections**



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**Tell your patients why they don't  
need antibiotics for a viral  
infection, what to do to feel  
better and when to seek care  
again if they don't feel better**



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# Think your hands are clean? Make sure they're clean!

Good hand hygiene by healthcare staff is the most effective way of preventing healthcare associated infections



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# Perform appropriate diagnostic tests to guide antibiotic therapy

**RIGHT ANTIBIOTIC**

**RIGHT DOSE**

**RIGHT DURATION**



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## LET'S PLEDGE TO COMBAT ANTIMICROBIAL-RESISTANCE AND PROTECT OUR PATIENTS FROM DIFFICULT TO TREAT INFECTIONS

### Prevent Infections

- Ensure patients receive recommended vaccines
- Alert receiving facilities when transferring patients with antibiotic-resistant infections
- Educate patients on ways to prevent spread
- Stay informed of current outbreaks



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## LET'S PLEDGE TO COMBAT ANTIMICROBIAL-RESISTANCE AND PROTECT OUR PATIENTS FROM DIFFICULT TO TREAT INFECTIONS

### Be Alert & Take Action

Be aware of infections and resistance patterns in your healthcare facility and community

Ensure you are notified by the laboratory immediately when antibiotic-resistant pathogens are identified in your patients

Inform patients and families if they have an antibiotic-resistant infection and educate them how to prevent its spread



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## Prevent and control the spread of antibiotic resistance

- Prevent infections by ensuring hands, instruments, and environment are clean
- Only prescribe and dispense antibiotics when they are needed, according to current guidelines
- Report antibiotic-resistant infections to surveillance teams
- Talk to patients about how to take antibiotics correctly, antibiotic resistance and the dangers of misuse
- Talk to patients about preventing infections



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# Stop the 'just-in-case' use of antibiotics

## Join the battle to defeat super bugs



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# Health facility managers

**Prevent infections in health care, make hand hygiene a quality indicator in your hospital**



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